



HIGHLANDS
RANCH
COMMUNITY ASSOCIATION

ACTIVITY GUIDE

MAY - AUGUST 2026



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HIGHLANDS RANCH
COMMUNITY ASSOCIATION



HRCAonline.org



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The Highlands Ranch Community Association is proud to manage non-profit organizations:



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The Highlands Ranch Community Scholarship Fund is a 501(c)3 organization that provides post-secondary education scholarships for students residing in Highlands Ranch.



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The Highlands Ranch Cultural Affairs Association (HRCAA) provides a central organization from which educational, artistic, musical, theatrical, and dance events are provided to more than 75,000 attendees living in Highlands Ranch and the surrounding communities.



LEARN MORE

The Backcountry Wilderness Area Fund is a 501(c)3 nonprofit that strives to improve wildlife habitats, inspire the next generation of nature stewards, and ignite a lifelong love of the outdoors for all.



General Information

The HRCA website provides up-to-date information on HRCA and community news including responsible governance policies, special events, board and committee meetings, gym, fitness and pool schedules.

HRCA News

HRCA's Newsletter and Reports have the latest community information and announcements, covenant compliance tips, upcoming events and new programs. You may opt to receive it via mail or email.

Social Media

Follow us to stay up to date on HRCA News.

 Highlands Ranch Community Association

 @intheranch

 Highlands Ranch Community Association

Events

To purchase tickets, or for details, visit [HRCAonline.org/Events](https://hrcaonline.org/Events). Tickets are non-refundable.

Event/Weather Hotline: 303-471-8888

The HRCA Event/Weather hotline provides information on upcoming community and special events. This hotline will also announce cancellations of an HRCA or Cultural Affairs Association event due to severe weather.

Volunteer Opportunities

HRCA has a variety of ways for you to get involved in your community. For a complete description of our volunteer opportunities, go to [HRCAonline.org/Volunteer](https://hrcaonline.org/Volunteer).

Find it all at [HRCAonline.org](https://hrcaonline.org) or by scanning the QR code.



LEARN MORE

Please read the Recreation Center Rules and Regulations that are available on the HRCA website at [HRCAonline.org](https://hrcaonline.org).

Notice: By enrolling or participating in any program and recreational activity provided or sponsored by the Highlands Ranch Community Association, Inc. (HRCA), members and guests acknowledge and agree that there are certain risks inherent in the programs and activities conducted at the HRCA's recreation centers or off-site programs which the members and guests assume. And by doing so, members and guests agree to waive any claim of liability against the HRCA and its members, directors, officers, agents, employees, contractors, related entities and affiliates, and their agents, arising out of any loss, injury, or death attributed to such risks and the use of the HRCA's recreation facilities or off-site programs. Members and guests also agree that the HRCA or any sponsor may subsequently use photos of them for publicity and/or promotional materials such as websites, posters, or other merchandise. Ages listed in the Activity Guide are suggested age ranges only.



LIVE WELL. PLAY HARD. EXPERIENCE 5920'



General Information



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Facility Information

The HRCA offers first-class recreation programs designed for all ages and abilities. From sports, dance, arts and crafts, to tennis and fitness programs and more than 80 community events, we have something for everyone. View the amenities offered at each facility on pages 8 and 9. Please visit our website for facility closure schedules.

Member Services/Registration: Available at all facilities. Obtain membership cards, new resident registration or change of address, program registration, or request a class cancellation.

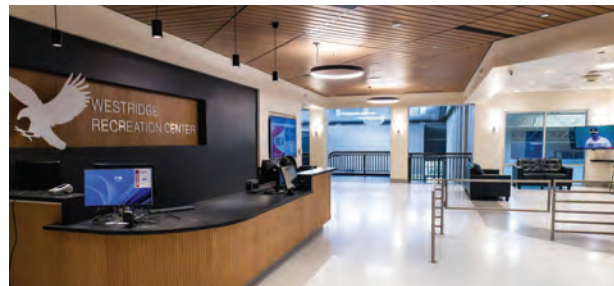
Membership

HRCA memberships are for Highlands Ranch homeowners. You may register for your membership and receive an ID card at any of the four HRCA Recreation Centers. All members are required to show a membership card upon entering the HRCA recreation facilities or Backcountry Wilderness Area Trails.

Scan the QR code to download your digital card today!



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Refund and Transfer Policy

To cancel a class, call 303-471-8858. All refunds are charged a minimum \$5 processing fee. Refunds and class transfers must be requested at least five days prior to the class. Online class cancellations are available for most scheduled activities.

In the event the HRCA cancels an event or a class, a full refund is issued to the participant. Refunds are not issued for inclement weather or ticketed events.



Registration

Registration for HRCA's programs and activities are accepted on a first-come, first-served basis. Some registration deadlines and fees may be different for program guests. Programs are subject to cancellation.

Three Ways to Register:

Registration is ongoing. For the most up-to-date class availability, try online registration!

- 1. Online:** Activity registration and class cancellation are available online for most HRCA programs.
- 2. Phone:** Have your credit card payment information ready and call 303-471-8858.
- 3. Walk-in:** Visit Member Services at any HRCA Recreation Center.

Minimum Enrollment:

Class fees are calculated on a minimum number of participants. Classes must reach the minimum three days prior to the first day of class, unless a specific registration deadline is noted. If the set minimum is not met for a class, it will be canceled. All registered participants will receive a transfer or refund.

Therapeutic Recreation:

Therapeutic Recreation programs require a completed Individual Service Plan (ISP) at least two weeks prior to the start. An ISP form is available online, at any Recreation Center, or by calling 303-471-7043.

Climbing Wall

Check out the 30-foot wall at Eastridge. Harnesses, ropes, shoes and belay devices are provided, or you may bring your own. During staffed hours, a certified instructor is available to belay. Individuals 12 years and younger must be accompanied by an adult 18 years or older at all times while in the climbing area.

Private Instruction:

During a one-hour private lesson, participants learn rope skills, climbing technique, movement and hand and foot skills.

Lessons must be scheduled in advance. To schedule lessons, visit HRCAonline.org. You can also contact Zak Kornhauser at 720-348-8217 or zak.kornhauser@HRCAonline.org for more details.



Golf and Multi-Sport Simulator

The Golf Simulator at Northridge, provided by Full Swing Golf, allows residents and non-residents the opportunity to practice their game on the driving range or play on some of their favorite virtual courses. The simulator offers access to 87 different courses.

The Golf and Multi-Sport Simulator at Southridge is a widescreen simulator that offers a genuine and unique golf experience. The multi-sport function allows for home run derbies, field goal challenges, basketball shootouts, soccer, hockey, lacrosse and more.

Find it all at [HRCAonline.org](https://www.HRCAonline.org) or by scanning the QR code.



LEARN MORE



Batting Cages

The Westridge batting cages offer five baseball and four softball stalls ranging in speed from 30-80 mph. Homerun target banners provide the batter with realistic results in a user-friendly pitching complex. We offer a mini-ball park complete with homerun fence, foul poles, and bases for future little league batters. For more information or to make team reservations, call 720-348-8202 or visit [HRCAonline.org/BattingCages](https://www.HRCAonline.org/BattingCages).



HRCA Preschool Enrollment



Give your little one the best start on their learning journey! Our preschool offers a warm, nurturing environment where children grow, explore and thrive.



Why Choose Us

A Bright Beginning for Your Child!

- Engaging, play-based curriculum
- Caring and experienced teachers
- Safe & stimulating learning spaces
- Social, emotional and academic development

Limited Spots Available!



Scan the QR code for up-to-date information. Additional details on page 52.

HRCOnline.org/Activities/Education/Preschool



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Eastridge Recreation Center

FACILITY HOURS

- Monday - Friday: 5 a.m. - 9 p.m.
- Saturday: 7 a.m. - 8 p.m.
- Sunday: 7 a.m. - 6 p.m.

REGISTRATION HOURS

- Monday - Friday: 6 a.m. - 7 p.m.
- Saturday - Sunday: 9 a.m. - 1 p.m.

ADMINISTRATION HOURS

- Monday - Friday: 8 a.m. - 5 p.m.

AMENITIES

Indoor Amenities

- Two gymnasiums (wood floor)
- Camp HRCA (summer)
- Cardiovascular area
- Climbing wall
- Private changing rooms
- Fitness/dance studio
- Free weight area
- Locker rooms
- Member services
- Pools: lap, slides, youth, zero depth
- Preschool
- Running track
- Steam room
- Variable resistance machine area
- Vending machine area

Seasonal Amenities

- Two outdoor sand volleyball courts
- Outdoor pools: zipline, slides, lap, kiddie pool



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📍 9568 University Blvd. 📞 303-471-8858

Northridge Recreation Center

FACILITY HOURS

- Monday - Friday: 5 a.m. - 9 p.m.
- Saturday - Sunday: 7 a.m. - 6 p.m.

REGISTRATION HOURS

- Monday - Friday: 7 a.m. - 7 p.m.
- Saturday - Sunday: 8 a.m. - 1 p.m.

TENNIS HOURS

- Monday - Friday: 7:30 a.m. - 9 p.m.
- Saturday - Sunday: 7:30 a.m. - 6 p.m.

AMENITIES

Indoor Amenities

- 10 racquetball courts
- Cardiovascular area
- Dry sauna
- Private changing rooms
- Fitness/dance studio
- Free weight area
- Gymnasium (wood floor)
- Golf simulator
- Locker rooms
- Martial arts studio
- Member services
- Pools: dive, lap
- Aqua climbing wall
- Running track
- Tennis courts: six indoor, five outdoor
- Hot yoga studio
- Variable resistance machine area
- Vending machine area
- Picnic shelter

Seasonal Amenities

- Outdoor pools: lap and tot pool



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📍 8800 Broadway 📞 303-471-8950

Southridge Recreation Center

FACILITY HOURS

Monday - Friday: 5 a.m. - 9 p.m.
Saturday: 7 a.m. - 8 p.m.
Sunday: 7 a.m. - 6 p.m.

REGISTRATION HOURS

Monday - Friday: 6 a.m. - 7 p.m.
Saturday: 7 a.m. - 5 p.m.
Sunday: 9 a.m. - 2 p.m.

AMENITIES

Indoor Amenities

- Two gymnasiums
- Five outdoor tennis courts
- Cardiovascular area
- Golf and multi-sport simulator
- Private changing rooms
- Fitness/dance studio
- Free weight area
- Locker rooms
- Member services
- Pools: current channel, fitness, zero depth
- Pottery studio
- Running track
- Variable resistance machine area
- Vending machine area
- Wildcat Mountain Auditorium

Seasonal Amenities

- Outdoor resort pool
- Outdoor patio



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📍 4800 McArthur Ranch Rd. 📞 303-471-7020

Westridge Recreation Center

FACILITY HOURS

Monday - Friday: 5 a.m. - 9 p.m.
Saturday: 7 a.m. - 8 p.m.
Sunday: 7 a.m. - 6 p.m.

REGISTRATION HOURS

Monday - Friday: 6 a.m. - 7 p.m.
Saturday: 8 a.m. - 1 p.m.
Sunday: Closed

AMENITIES

Indoor Amenities

- Six outdoor pickleball courts
- Camp HRCA (summer only)
- Cardiovascular area
- Private changing rooms
- Fitness/dance studio
- Free weight area
- Indoor cycling studio
- Indoor turf field
- Locker rooms
- Member services
- Pools: lap, youth
- Preschool
- Running track
- Tiny tees ballpark
- Variable resistance machine area
- Infrared sauna
- Two cold plunges

Seasonal Amenities

- Five outdoor batting cages
- Pitching structure
- Outdoor pools: splash fountain, slides, zero depth



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📍 9650 Foothills Canyon Blvd. 📞 720-348-8202

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**HIGHLANDS
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Southridge Wildcat Mountain Auditorium & Patio

Our auditorium, featuring a state-of-the-art kitchen, is a perfect space to accommodate groups as small as 40 and as large as 300 people.

- Graduations
- Weddings
- Business meetings
- Performances



**SCAN THE QR CODE
FOR MORE DETAILS!**

☎ 303-471-7020

✉ auditoriumrental@hrcaonline.org

🌐 HRCAonline.org



GROUP SWIM LESSONS

HRCA is proud to offer group swim lessons using the Starfish Aquatics Institute curriculum. Certified instructors provide water safety instruction, build confidence, and improve technique in a safe and fun environment. Small group swim classes run monthly for children and adults of all skill levels, from beginners to pre-competitive swimmers. Class descriptions and prerequisites are available online.

SWIM PROGRESSION

STAR TOTS (AGES 9 MONTHS– 2 YEARS)

Beginner-level class for adult caregivers and children. The class focuses on water exploration and basic skills to build water confidence.

SWIM SCHOOL PRE-K (AGES 3-5) YOUTH (AGES 6-12)

Lessons that develop foundational swimming and water safety skills, including floats, self-rescue skills, and beginner freestyle and backstroke.

STROKE SCHOOL (AGES 6-12 YEARS)

Lessons focus on stroke development and endurance of freestyle, backstroke, breaststroke, and butterfly, with a continued focus on water safety.

TEEN / ADULT LESSONS (AGES 13+)

Beginner-level lessons teach basic water safety skills, floating & kicking, beginner freestyle and backstroke. Participants must be comfortable in four feet of water and able to fully submerge.

Aquatics

STAFF

Aquatics Operations and Programs Manager

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Swim Lesson Coordinator

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Coached Aquatics Coordinator

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Private Lessons

Learn to Swim and Coached
Aquatics
☎ 720-348-8220
✉ privatelessons@hrcaonline.org

Seahawks Swim Team

☎ 303-471-8942
✉ seahawksteam@hrcaonline.org



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Aquatics



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PRIVATE LESSONS

PRIVATE & SEMI-PRIVATE LESSONS (Ages 3+)

Looking for individualized instruction to focus on a specific skill or conquer a fear of water? HRCA offers private and semi-private lessons for ages 3 to adults. Lessons are available for all skill levels, from beginner to coached/competitive participants. Payment and scheduling must be completed directly with the Aquatics Department. Pricing and contact information are available online or by scanning the QR code above.



INFANT SWIMMING RESOURCE (ISR)

Infant Swimming Resource (ISR) is a comprehensive six-week program designed for young children ages 6 months to 4 years. It focuses on developmentally appropriate swimming techniques while teaching life-saving skills and building confidence in and around the water. HRCA will host two certified ISR instructors offering a range of availability. Lessons are scheduled and paid for directly through the individual instructors. Full details and contact information can be found online.



SNORKEL AND SCUBA

LEARN TO SNORKEL

Learn proper snorkeling techniques—both at the surface and underwater—with guidance from a certified PADI instructor. Designed for ages 7 and up, this family-friendly class will help make your next snorkeling adventure safer, more enjoyable, and more rewarding. All equipment is provided.

TRY SCUBA

Curious about scuba diving but not quite ready for open water or full certification? This introductory class is perfect for participants ages 10 and up. Guided by a certified PADI instructor, you'll receive hands-on experience with scuba equipment and learn how to breathe underwater — all in the safety of a controlled pool environment. Please note this is not a certification course. All gear is provided.



ADULT COACHED & MASTERS SWIM PROGRAMS

Beginner instruction to elite competitor workout groups. A Coached Aquatics Punch Pass or daily drop-in fee is required. Check online for current workout group schedules. Highlands Ranch Masters Swim Team (HRMS) is registered with both COMSA and US Masters Swim. Swim team membership is not required for HRCA swim workouts.

YOUTH COACHED SWIM PROGRAMS

Develop a lifelong love for swimming and learn competitive swimming skills in a fun, swim team environment. Swim fins are required for the Maroon and Elite groups. Swim evaluations are available. Coaches place swimmers into lanes based on ability and speed.

INTRO TO SWIM TEAM

Practices focus on lane etiquette, freestyle, backstroke, breaststroke and butterfly kicks, and deck dives. Prerequisites: Swim 25 yards of freestyle with side breathing and 50 yards of backstroke, and the ability to swim a 45-minute workout without a coach in the water. Completion of HRCA Stroke School Blue is recommended.



SEAHAWKS WHITE AND BLUE (AGES 6-14)

One-hour practices that develop all four competitive strokes to USA Swimming standards, increase endurance, and learn block dives. Prerequisites: Swim 50 yards freestyle with rotary breathing, 50 yards backstroke, and 15 yards of both breaststroke and butterfly.

SEAHAWKS MAROON AND ELITES (AGES 9-18)

90-minute practices that master all four competitive strokes to USA Swimming standards and race strategies. Prerequisites: Previous swim team experience, ability to swim 200 IM and a 100yd Freestyle with flip turns in 1:50.

SUMMER SWIM TEAM (AGES 6-18)

Monday, June 1 – Thursday, July 23 – The HRCA Seahawks Swim Team is a member of the CARA Swim League. Morning and evening practices are available. Summer team fees include swim meets, T-shirt, cap, and awards. Visit the team website for registration information.
HRCAseahawks.swimtopia.com

YOUTH SWIM CLINICS

Swim Clinics are led by HRCA coaches and focus on refining specific swim skills. Check online for current clinic schedules.



Arts

STAFF

Arts & Education Manager

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Arts Enrichment Coordinator

Alecia Hindman

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✉ alecia.hindman@hrcaonline.org



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YOUNG REMBRANDTS (AGES 6-11)



Drawing is the foundation of every visual art form, and we build that foundation with confidence, creativity, and FUN. Each week features a step-by-step lesson packed with skill-building techniques, engaging art history, and art vocabulary. Enroll your artist today!

BEGINNING PAINTING

This class for adults uses acrylic paint to learn about composition, color mixing, and various paint application techniques, such as wet-on-wet, dry brush and using salt. Basic drawing skills will help in the layout of the subject matter.

WATERCOLOR

This class for adults explores painting with watercolor! Learn to utilize this unique medium. Discover the subtleties of proper control and technique. A supply list will be given out in the first class.

DRAWING 101

This class for adults teaches how to draw by observation. This class is great for beginners and will address fundamental drawing methods. Explore shading and texture as you advance in technique. Bring a sketch book and pencils to the class.





ABSTRACT WATERCOLORS

Abstract Watercolors are a way of painting based on general shapes or patterns rather than a real representation of things. In this class for adults, we will explore colors, textures, and mark making. No skills necessary; just a desire to create and learn a relaxing way to create art.

CREATIVE CRAFTS

PAPER COLLAGE

Paper collage is an art form where various paper scraps are cut, arranged, and glued onto a surface to create beautiful art. "Collage" comes from the French "coller" (to glue) and "papier collé" (pasted paper). In this class for adults, scrapbook paper will be used as well as making our own designs called "fodder". The process involves drawing, cutting and pasting paper onto interesting backgrounds.

ZEN DOODLING

Zen Doodling is a class that emphasizes a calming kind of doodling using simple, repetitive patterns. It is an incredibly relaxing activity that produces lovely results. As you draw, you boost concentration, creating a positive mood, and external distractions become less important.

KNITTING

Beginning: In this beginning class for adults, learn how to knit, purl, cast on, bind off, increase, and decrease. Learn how to read simple patterns and make a beanie hat. Yarn will be provided for practice knitting. Required needles for class are Chai Goo US8-16. They can be purchased in the first class.

EMBROIDERY

This adult class starts at the very beginning of learning hand-embroidery. After covering the basics of design, choosing various supply options, and using the embroidery hoop and needle, you will learn and practice a variety of stitches to enable you to create a beautiful hand stitched sampler design. Embroidery allows you to slow down, create and breathe!

ART WORKSHOPS

ENCAUSTICS

In this class for adults, explore the ancient Egyptian art of painting with wax in this introductory Encaustics workshop. Students will learn a variety of techniques and tips to "make and take" cards and/or small collage pieces. No experience necessary!

MACRAME

Join us for an adult, beginner-friendly workshop of this retro craft. Learn the basic supplies, tools and techniques needed to create various macrame projects. Students will complete a small wall hanging by using simple knots and cords, in a step-by-step format.

COOKING

CHEF-IN-TRAINING (AGES 2-5)

Create fun snacks using kid-friendly ingredients based on the theme of the month. Children must be accompanied by an adult. Price includes all food supplies.

KIDS RULE THE KITCHEN (AGES 5-7)

This class will expose kids to new ingredients while they learn to create appetizers, main courses, and desserts based on the theme of the month. Price includes all food supplies.



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YOUNG CHEFS (AGES 7-9)

Aspiring chefs will get a realistic introduction to the world of culinary arts. Learn many different cooking methods while creating unique and yummy recipes. Price includes all food supplies.

CREATIVE COOKS (AGES 9-12)

This series of classes will instill the young chef with confidence in and out of the kitchen. Each week the student will learn skills like baking, sautéing, chopping, dicing and grating.

TEEN CUISINE (AGES 12-16)

Teens will explore the delicious world of cooking. Learn the basics of cooking and grow your skills in the kitchen. This class is designed for teens who love to cook! Learn about different foods and how to prepare them to make scrumptious recipes for home. Price includes all food supplies.

“SUMMERTIME” DANCE RECITAL (AGES 3-13)

Dance recital for Ballet, Tap, Hip Hop, Pip Hop, and K-Pop classes. Recital routines are choreographed by instructors and taught in the child’s class. This performance gives your child the experience of performing for an audience. Every family who signs up for the recital will receive a photo, no need to register. Note: All students who register for July-August dance classes are eligible for the dance recital unless otherwise stated in the class description. The dance recital is a separate registration fee from registered classes and includes a costume and photo. The registration deadline for the recital is Monday, July 20. No refunds will be granted after the costumes have been ordered. Performance time for your child’s class will be determined by the instructor after the registration date.

BALLET

All Ballet Classes teach barre, and center exercises are used to teach steps and positions of ballet. Classes are designed to aid in the development of flexibility, coordination, balance, body awareness, listening, discipline, and self-esteem. All Ballet students are encouraged to participate in the dance recital.

- Each child must be at the appropriate age for the class at the start of the session or reach the appropriate age within the first week of the session.
- No refunds or prorates will be given after the start of a session.
- No late registrations allowed after the third week of the session.



ITTY-BITTY BALLET (AGES 2½-3)

This class introduces your child to basic ballet techniques, songs, dance, and creative play.

Note: Parents do not attend class, and students are not eligible for the recital.

- Ballet I (Ages 3-5)
- Ballet II (Ages 4-6)
- Ballet III/IV (Ages 6-9)
- Ballet V (Ages 6-10)



WALTZ IN SUMMER – TWO STYLES (C&W AND SOCIAL BALLROOM)

Graceful and easy, with pretty turns and accents. Everyone Loves the Waltz!

LEVEL 2 – COUNTRY SWING (PREREQUISITE: BEGINNING COUNTRY SWING)

You know the steps so let's add more flair and fun with more turns and twirls.

C&W TWO STEP

The original, classic C&W dance. Versatile for other types of music. Add turns to jazz up your style!

NEW CLASS! BACK TO THE 50'S (BOP, STROLL, TWIST, MADISON, CHA CHA)

Just plain FUN! Dances straight from Dick Clark and American Bandstand. A great dance party night to enjoy with your partner. It's a blast.

SWING DANCE TRIPLE PLAY (C&W, 6 CT. SWING, EC SWING)

Three different Swing dance steps for different tempo swing songs. Plus, great turns and twirls.

COUPLES PRIVATE LESSONS

If you're looking to perfect your wedding dance or a dance for a special event, this is a great way to get the individualized attention you desire to look and feel confident on the dance floor. To schedule a lesson call at 303-471-8853 or email alecia.hindman@hrcaonline.org.

BELLY DANCE

BELLY DANCE

All levels welcome in this fun adult class dedicated to teaching and practicing the ancient art of belly dance. Learn classic Egyptian Style, American Cabaret/Vintage, Oriental, and Tribal Fusion technique.

COUPLES DANCE

COUPLES DANCE

In this adult class, enjoy a night out with your friends and significant others while learning something new. These dances will have your confidence on the dance floor soaring to new heights!

HOLD ON TO YOUR HAT COUNTRY SWING (BEGINNING)

Yee Haw, Country, Swing! The easiest swing dance of all, and you can swing to all styles of music! Tons of turns and twirls!

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SWEDISH FOLK DANCE CLUB

In this class for older teens and adults, enjoy learning lively dances in classes designed for beginners. We emphasize partner and set dances, as well as learning and leading others in traditional ring dances at Midsummer and Christmas! All are welcome to participate, and you may even learn some Swedish words! Please bring smooth-soled shoes. Partners encouraged but not required.



LINE DANCING

LINE DANCING

“Get dancing”! Join our great line dancing class for seniors! In this beginning class, you will learn the steps to learn the latest line dances plus the old favorites. Make new friends in this fun and energizing class designed especially for you! No partners are necessary! *Please note this class is designed for 55+.*

LINE DANCING LEVEL 2

You’re not Beginners anymore. This is the class you’ve been asking for. Level 2 is designed for those of you who have been in the Level 1 (Beginner) classes and are ready to learn more advanced steps and dances. We will review what we learned in Level 1 (Beginner) class and move on. Sign up now to keep on going with the fun and exercise. Great all-around fitness class. *Please note this class is designed for 55+.*

LINE DANCE SUNDAY AFTERNOON GETAWAY

Dance for exercise and fun! Get out of the house and do something FUN for yourself! In this class for adults, you will learn all the latest line dances! You can even join the Line Dance Team!

TEEN LINE DANCING (AGES 13-17)

Latest line dances tailored for teens.

DANCE BEATS (AGES 5-8)

HIP HOP

An upbeat dance class where you will find the fun of hip hop, the technique from ballet, and the style of Jazz. You’ll have the best time fan-kicking, pirouetting, and more to some of the high energy dance songs you love. All students are encouraged to participate in the dance recital.

PIP HOP (AGES 3-6)

This pip hop class for little ones is full of rhythm, body awareness, simple choreography, and high energy craziness all set to cool Disney music! Students are encouraged to participate in the dance recital. Note: Students must attend both sessions to be eligible for recital.

K-POP (AGES 7-13)

Students will learn Korean Pop Dances by the most popular music groups including BTS, Twice, Seventeen, New Jeans, NCT, and many more! Each week a new dance by a different artist will be learned! Dances are a fusion of Hip Hop focusing on musicality and performance. Students are encouraged to perform at the recital.





HIP HOP CONTEMPORARY (AGES 7-12)

This is an upbeat class set to popular music. Hip Hop, Jazz, and Contemporary dance are covered. Learn funky dance moves in an encouraging environment. Students are encouraged to participate in the dance recital.

TAP

YOUTH TAP/JAZZ II TAP/JAZZ (AGES 7-13)

Learn rhythm and musicality through tapping your feet! An upbeat class blending the styles of Tap and Jazz! All students are encouraged to participate in the dance recital.

WEDNESDAY CONTINUING DAYTIME TAP

In this adult, non-performance class we will work on tap techniques, acapella combinations and will have fun while learning dances. This class is taught by Laura.

MONDAY NIGHTTIME TAP (AGES 15+)

Get your heart pumping and your feet tapping in this energizing and fun class! Learn tap techniques that will be integrated into a dance. A year of tap is strongly suggested. Instructor approval is required for the class. This class is taught by Laura.

WEDNESDAY NIGHTTIME TAP FOR ALL LEVELS

This no performance, no stress adult only tap class caters to all levels! You will learn the basics of tap through fun choreography and rhythm tap! This class is taught by Laura. *Please note this class is designed for 25+.*

ROCKY MOUNTAIN TAPPERS INTERMEDIATE

This class is a performance arts class meant to showcase dance routines during our Annual Adult Dance Recital in June. It's best to have 2-3 years of tap prior to enrolling in this class. Emphasis will be on continuing to progress tap and musicality techniques utilizing barre, across the floor, and center floor work. Skill/level appropriate choreography will be taught as more fun occurs making music with our feet! Classes are taught by Dianne. *Please note this class is designed for 25+.*

ROCKY MOUNTAIN TAPPERS ADVANCED

This is an adult class geared toward the Advanced Tapper with 4-5 yrs of previous dance experience. This class is designed to continue learning advanced tap techniques with across the floor work, center floor work, time steps and other various skills. Come join in the fun, learning choreographed dance routines in this upbeat class. Class is taught by Dianne. *Please note this class is designed for 25+.*

RITZ TAPPERS-BEGINNING TO CONTINUING LEVELS

Ritz Tappers Beginning to Continuing Levels: This adult class is geared toward the very beginner to "Hey, I'm getting it!!" We warm up on technique, work combinations and put these to music, some being dances suitable for Broadway BUT there are no performances for this class. Class is taught by Laura.

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RITZ TAPPERS CONTINUING TO INTERMEDIATE LEVELS

This adult class is for the tapper who knows the basics and is ready to go at a faster tempo and learn harder steps. We work on various time steps, combinations, acapella shorts and learn dances that will only be performed in the comfort of your home as this is a non-performing class. This class is taught by Laura.

RITZ TAPPERS INTERMEDIATE TO ADVANCED LEVELS

This non-performing adult class is for the tapper who can execute all of the basics at all tempos. Students should have knowledge of Stomp and Traveling Time Steps (up through triple) – Cincinnati’s, Grab-offs...just to name a few. We work technique through acapella shorts and choreographed dances. This class is taught by Laura.



LION KING KIDSTAGE STARS PROGRAM (AGES 6-12)

When the King of the Pride Lands goes missing, his son must find courage and learn how to protect his land and his people. Follow Simba, Nala, Timon, Pumba, and a colorful cast of animals as they confront the evil Scar and his mangy pack of hyenas in a battle to get their kingdom back. The participants will have a blast in this coming-of-age tale about what it means to believe in yourself, work together and trust in your friends.

MUSIC TOGETHER - PARENT TOT (AGES 0-5)

Discover the Joy of Music with Your Child! Looking for a fun, meaningful way to bond with your little one? Music Together® is the perfect weekly getaway for you and your child (ages 0-5)! Join us for 45 minutes of pure musical joy, where you'll sing, dance, play instruments, and laugh together in a warm, welcoming environment designed for all developmental stages.

Our award-winning, internationally recognized curriculum turns music into a shared family adventure—both in class and at home! You'll get:

- A beautifully illustrated songbook
- A CD + access to our Music Together app so the music fun continues anytime, anywhere
- Access to exclusive online resources to support your child's musical journey

Whether you're soothing a newborn or getting your preschooler moving, Music Together® builds connections, boosts development, and creates memories that last a lifetime.

For babies, toddlers, and preschoolers (ages 1 month to 5 years) and their favorite grown-ups.

Come sing, play, and grow with us—because making music is one of the best things you can do for your child!

Siblings 9 months and under are free but must be registered to attend. Any siblings 10 months and older can register for an additional session fee of \$105 for members and \$121 for program guests. To take advantage of this sibling offer, please email alecia.hindman@hrcaonline.org.





FIDDLE FRIENDS: BEGINNER (AGES 6-12)



In this fun and engaging class, young beginners will take their very first steps on the violin. Over the course of 8 weeks, students will learn how to hold the instrument and bow, produce their first clear sounds, and begin playing simple rhythms and melodies. Along the way, we'll explore listening skills, teamwork, and the joy of making music together. By the end of the session, each child will be able to play short recognizable tunes and share a performance with family and friends.

MUSICAL INSTRUMENTS

PIANO PALS (AGES 5-10) (MIN 3/MAX 5)



Piano Pals flips the script of traditional piano lessons. Engaging, social classes make practice enjoyable, and progress feel exciting! In just eight weeks, your child will go from first notes to their first performance. No more nagging about practice. No fear of recitals. No wasted money. Just real progress, real fun, and real results. With take-home practice sheets, weekly parent updates, flashcards, in-class games, and two exciting performances, they'll enjoy every step of the journey. Plus, they'll receive a certificate of completion to celebrate their progress! Note: This course requires at least three students to run, so invite a friend to join the fun!

HAND BUILDING POTTERY

HAND BUILDING

Learn how to create pottery using three basic hand building techniques: pinch, slab, and coil. Items you may make are cups, bowls, and plates, and other things like holiday decorations, a birdhouse, and useful boxes! Surface decoration will be explored as well as glaze techniques. *Please note this class is designed for 18+.*

KIDS-N-CLAY (AGES 5-9)

The perfect after-school activity for the creative child! Kids will love using their hands and imaginations to create unique clay pieces in these one-of-a-kind clay classes! Dress for a mess and create a piece of art that will last a lifetime.

PIANO PALS: INTERMEDIATE (AGES 5-10)

Piano Pals Intermediate is designed for continuing students who already have basic keyboard familiarity and are ready to build stronger reading skills, technique, ensemble awareness, and musical confidence. These engaging, social classes continue the Piano Pals approach—making practice enjoyable and progress exciting—while moving beyond beginner concepts into more fluent note reading, rhythm, coordination, and performance preparation. This course is not appropriate for first-time beginners and is intended for students who have completed a prior Piano Pals session or have equivalent experience.



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HAND BUILDING FOR KIDS (AGES 8-12)

Learn to build and finish clay pieces while building hand strength needed for wheel throwing. Materials provided.

WHEEL

CONTINUING WHEEL POTTERY

For returning adult students who have completed the Beginning Wheel.

Level I

Level II

Level III

TEEN WHEEL POTTERY (AGES 12-17)

Learn the basics of wheel throwing, trimming, and glazing. Clay is not included and must be purchased in the studio before class, tools are provided. Bring an apron and an old towel.

POTTERY SALE

Join us on Tuesday, August 25 from 8 a.m. – 6 p.m. at the Southridge Recreation Facility to browse and purchase one-of-a-kind pieces handcrafted by Highlands Ranch artisans. Credit cards accepted.



PRIVATE POTTERY LESSONS (ALL AGES)

If you have a busy schedule, need individual instruction or group pottery classes are not for you, try private lessons with an experienced instructor. Includes four hours of instruction. To schedule lessons, call 303-471-8853 or email alecia.hindman@hrcaonline.org.

SEMI-PRIVATE POTTERY LESSONS (ALL AGES)

If you have a busy schedule, need individual instruction or group pottery classes are not for you, try private lessons with an experienced instructor. Includes four hours of instruction. To schedule lessons, call 303-471-8853 or email alecia.hindman@hrcaonline.org.

BABY/TODDLER HAND & FOOTPRINT KEEPSAKES (ALL AGES)

Create memories that will last a lifetime with a one-of-a-kind piece of art with your child's print. You make it, paint it and our talented instructors will fire it for you. Prints take two weeks to complete. Please call 303-471-8853 for an appointment.



ASTRONOMY NIGHT (AGES 7-13)

Kids enjoy a fun evening under the stars with a picnic from home, space-themed games, and constellation viewing. They'll learn about the night sky's stories and origins, making astronomy engaging and educational. A safe, exciting experience for young space enthusiasts, perfect for a parent's night out.

CREATURES OF THE NIGHT (AGES 7-13)

Discover the wild after dark! Kids will enjoy their brought-from-home picnic by the fire (pending fire restrictions), then head out on a guided night hike to learn about nocturnal animals. With games, challenges, and possible wildlife viewing, this adventure gives young nature lovers a safe, hands-on way to explore the world of nighttime creatures.

DISCOVERY DAY (AGES 7-13)

Not sure which Youth Drop-Off program to register your kiddos for? Discovery Day gives kids the chance to sample activities from our programs such as exploring nature, fort-building, hiking, learning animal identification, and survival skills. Designed to foster environmental respect and outdoor curiosity, kids will discover the beauty of the wilderness and develop practical skills in a fun, educational setting.



Backcountry Wilderness Area

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FORTS N FUN CLUB (AGES 7-13)

Encourage creativity and build self-confidence with a guided hike to the perfect spot for unstructured play and fort building. Kids can explore the outdoors in a safe environment, fostering independence, friendship, and imagination as they create their own wilderness adventure.

JUNIOR WILDLIFE BIOLOGISTS CLUB (AGES 7-13)

Discover local wildlife through hands-on activities like tracking, scat identification, and animal observation. This educational program sparks curiosity about animal behavior and ecosystems, perfect for young explorers eager to investigate the natural world. Visit for a single session or learn a host of skills that build upon one another in the series.

NATURE HOMESCHOOL (AGES 6-13)

Enhance your homeschool curriculum with outdoor science and exploration in the Backcountry Wilderness Area. These interactive sessions, aligned with Colorado State Education Standards, foster environmental awareness, offer hands-on learning, and provide a memorable, nature-based experience for elementary and middle school students.

WILDERNESS SURVIVAL CLUB (AGES 7-13)

Develop outdoor skills such as fire-building, plant identification, and shelter construction. Guided hikes and hands-on lessons promote independence and practical knowledge, giving young adventurers confidence in exploring and surviving in nature. Come out for a single session or learn skills that build upon one another in the series.

WILD SUMMER (AGES 7-13)

Make summer nights unforgettable! After enjoying a brought-from-home picnic around the fire (pending restrictions), kids will play flashlight tag, capture the flag, and fort-building games, ending with a sweet summer treat. Wild Summer is all about fun, friends, and outdoor adventure.

BACKCOUNTRY BIOBLITZ

Are you curious what that flower is? What about that bird? Learn the ins and outs of being a citizen scientist by capturing and identifying species using iNaturalist. This hands-on BioBlitz supports conservation and offers a fun way to learn about local ecosystems.

BIRDING HIKE

Join a guided birding walk to discover bird species by sight and sound. Backcountry's merging habitats provide the perfect opportunity to see birds you may not have the chance to view in your backyard. Recommended for those 10 years and older and perfect for bird enthusiasts of all levels, this peaceful outing connects you with wildlife in their natural habitat.



ADULT AND FAMILY PROGRAMS





BASE CAMP EXPLORATION

Discover the Backcountry Wilderness Area at your own pace! During Base Camp open hours, enjoy free play in the Backyard, stroll the Discovery Trail, and visit our barnyard animals. Picnic tables are available for meals brought from home. BCE is a free drop-in program—donations support the Backcountry Wilderness Area Fund.

CONFIDENTLY COOKING OUTDOORS

Camping this summer? In this program, learn outdoor cooking and food safety skills through hands-on instruction. Perfect for families and adults alike, this program covers campsite hygiene, food prep, and delicious recipes for safe, enjoyable meals in the great outdoors!

FAMILY FUN DAYS

Bring the whole family for a choose your own adventure at Base Camp! Depending on the weather, there may be yard games, craft supplies, field guides and binoculars, opportunities to take a goat for a walk, and more! Feel free to bring snacks or a picnic to enjoy at our picnic tables. Free drop-in program, registration per car required—donations support the Backcountry Wilderness Area Fund.

FULL MOON HIKE

Experience the wilderness illuminated by a full moon on a guided night hike. Leave your flashlights in the car and allow your eyes to adjust to the darkness! Discover fascinating information on nocturnal wildlife and learn how humans and animals perceive darkness, creating a magical and educational outdoor experience under the moonlight. Recommended for ages 7 and older.

GEOLOGY HIKE

Curious about the formation of the Front Range? Guided by a local geologist, this hike explores Colorado's geological history through stunning rock formations and terrain. Join an exciting adventure that deepens your understanding of Earth's dynamic past and gives a new perspective on the place we call home. Designed for ages 14 and older.

GOAT PICNIC HIKE

Join a laid-back, goat-paced, guided hike with the Backcountry goats followed by a picnic at a relaxing spot. During this program you will have the opportunity to learn about our goat herd, feed them treats, and hike with a goat! Bring your lunch and enjoy a fun outdoor adventure with friendly goats in a beautiful natural setting.

GOLDEN EAGLE VIEWING

Experience the thrill of observing our golden eagle pair from a safe distance during our Golden Eagle Viewing, where we promote natural behaviors and provide educational insights about these majestic birds. While sightings are not guaranteed, guests may have the chance to see the eagles soaring, feeding, or nesting in their natural habitat. Recommended for ages 10 and older.



Backcountry



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NATURE NIGHT OUT

Spend your Saturday evening exploring the beauty of the Backcountry Wilderness Area. Each week features a live animal presentation and a chance to learn about the local flora and fauna that make our Backcountry so special. It is the perfect low-key night out for anyone who wants to unwind and enjoy nature at sunset. Grab your bundle ticket and join us for a movie night immediately following.



NATURE WALKS

Relax on guided hikes through scenic dirt roads, spotting wildlife and enjoying breathtaking views. Perfect for adults, these free walks encourage connection with nature. Don't forget your binoculars and coffee! Recommended for ages 14 and older.

S'MORES HIKE

Explore scenic Backcountry trails with a guided hike suitable for all ages, culminating in a classic campfire treat—delicious s'mores. A fun outdoor adventure for families and friends. Fire if permitted; dry s'mores if fire not permitted.

S'MORES & STORYTIME

Enjoy a family adventure with unhurried free play in our Backyard, followed by s'mores and a read-a-loud story or two, around the campfire. A quaint, laid-back experience for kids and families alike! Fire if permitted; dry s'mores if fire not permitted.

SUNSET HIKE

Join us for our Sunset Hike, a guided trek covering 1.5 to 3 miles that blends reflective moments with fascinating local area insights. Enjoy breathtaking views of the Front Range as the sun dips behind the Rockies, creating a perfect end to your day. Recommended for ages 7 and older.

TURKEY TREK

Join us for a chance to observe wild turkeys in their natural habitat! On this guided hike, look for behaviors such as roosting, foraging, and seasonal behaviors such as strutting, fanning their tails, and dragging their wings. While on the hike, hear demonstrations of turkey calls from a knowledgeable naturalist. Recommended for ages 7 and older.



WILD ROOTS NATURE PRESCHOOL (AGES 3-6)

Wild Roots Nature Preschool is an outdoor, nature-based preschool for children ages 3-6, offering an immersive, play-based learning experience rooted in the natural world. Children spend their days learning through exploration, movement, and hands-on experiences outdoors. Visit our website, via the QR code, for full schedule, tuition, to fill out an enrollment application, and schedule a tour.

SPROUTS CAMP (AGES 3-6)

Sprouts Camp is a nature-based half-day summer program for children ages 3-6, designed as a joyful, camp-style experience rooted in outdoor play and exploration. Offered in two-week sessions, Sprouts Camp invites children to spend their summer days moving, playing, and discovering in nature alongside peers and caring guides.

LITTLE ACORNS NATURE PLAYGROUP (AGES 1-6)

Little Acorns Nature Playgroup offers a supportive space for child-led play while celebrating seasonal changes in nature. Children and parents explore the Backcountry Wilderness Area together, fostering connection with the land. The evening includes seasonal songs, stories, short hikes, and imaginative outdoor play, helping children build independence and confidence.



LUNCH WITH THE BARNYARD BUNCH (AGES 0-6)

Join our lively barnyard crew for the most exciting time of day—LUNCH TIME! Your wild ones will love getting up close and personal with our friendly chickens and playful goats, offering them tasty treats and making new furry and feathered friends. Don't forget to pack your own lunch, because you'll be joining the animals for a fun-filled feast!

SUNSHINE AND STORYTIME (AGES 0-6)

Join us for a nature-themed story time in the Backcountry Wilderness Area. Stories will be different each week and will be themed based upon seasonal happenings. After the story, the Backyard will be open until 11 a.m. for nature free play. The program is free, but registration is required. Donations are encouraged to the Backcountry Wilderness Area Fund.

BASIC HORSEMANSHIP

Designed for ages 7 and up, this 1.5-hour class builds confidence around horses while teaching essential horsemanship skills. Participants learn how to safely catch and handle a horse, interpret body language, and become familiar with grooming and saddling equipment. This groundwork-only class does not include riding and is required for beginners before starting riding lessons.

PRIVATE RIDING LESSONS

Expand your skills and knowledge, both in and out of the saddle, with private riding lessons. Your instructor will create lesson plans tailored to you and your equestrian goals. Riders (ages 5-99) can choose between English or Western riding. Contact Abby DeGroot.



Backcountry



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YOUTH BEGINNER GROUP RIDING LESSONS (AGES 7+)

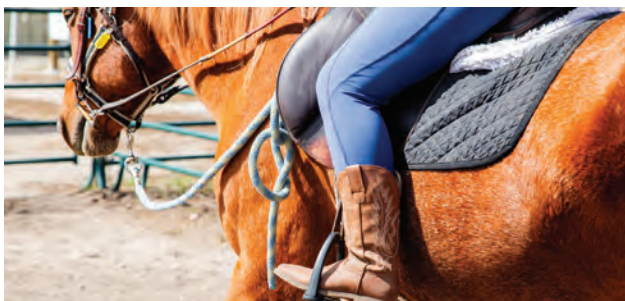
This one-hour group lesson is a great way to start your riding journey. Participants learn horse grooming, saddling, and the basics of English or Western riding. Lessons are taught in a group format and support beginner riders, with instructors providing guidance appropriate to each participant's experience and skill level.

BEGINNER GROUP RIDING LESSONS

Designed for adults, this one-hour group lesson is a great way to begin your horseback riding journey. Participants learn horse grooming, saddling, and the basics of English or Western riding. Lessons are taught in a group format with other beginner riders, creating a supportive learning environment. Instructors provide guidance appropriate to each participant's skill level.

HORSE HOMESCHOOL PROGRAMS (AGES 7-13)

Explore horses beyond the basics in this equestrian class for homeschool students. Learn grooming, tacking, and riding, with a new theme each session. Newcomers get a horse basics lesson, and returners review. Bring lunch and a water bottle to this youth-only, drop-off program. Morning Nature Homeschool participants will be transported to the Horse Corrals at noon.



MINI MANES (AGES 3-4)

Help your child build confidence with horses in this two-week, 45-minute program. They'll learn horse safety and care through hands-on activities, with an opportunity to ride when ready. Children must be accompanied by an adult. **Please note that full-size horses or ponies may be used for any of our equine programs.*

PONY TAILS (AGES 5-6)

Help your small horse enthusiast learn about horse behavior and get hands on experience grooming and saddling during the two-week, 45-minute lessons. When they are not learning horse safety, they will get to ride and learn the basics of horseback riding! **Please note that full-size horses or ponies may be used for any of our equine programs.*

LITTLE EQUESTRIANS (AGES 3-6)

Little Equestrians is the perfect bridge from pony programs to horseback riding lessons! This 30-minute, private riding lesson firms up the basics of safe—and fun—riding with more attention to details between the rider, instructor, and the horse. We recommend Little Equestrians enroll in Mini Manes or Pony Tails before registering. **Please note that full-size horses or ponies may be used for any of our equine programs.*

CUTIES AT THE CORRALS (AGES 0-10)

This 30-minute program is designed for kids under the age of 10 to come out to meet and love on our horses in a safe, crowd-free environment. Donations are encouraged to the Backcountry Wilderness Area Fund. **Please note that full-size horses or ponies may be used for any of our equine programs.*



PONY RIDES (AGES 3-10)

Hand-led pony rides are available for the young horse enthusiast! Walk along with your child as they enjoy the ride. Each time slot accommodates up to eight riders which will take turns on the pony. **Please note: 125-pound weight limit. Both full sized horses and ponies may be used for our pony programs.*

PONY PARTY (AGES 3-10)

Make your child's birthday magical with a pony party! Enjoy unlimited pony rides for the first 60 minutes, plus lassoing, stick horse play, and horseshoes. For the next 60 minutes, you may use the time for cake, gifts, and more.

To add a "unicorn," contact Abby DeGroot. Please note, full-sized horses and ponies may be used. White "unicorns" are not available. All guests planning to ride must be at least 3 years old.

SCOUT HORSEBACK RIDING BADGE (AGES 7-18)

Our instructors will teach scouts basic horse safety, care, and health in a fun, hands-on setting, followed by an arena ride to learn introductory skills. Lessons are tailored to meet the BSA Horsemanship Merit Badge or Girl Scout Horseback Riding Badge requirements. Maximum of 12 scouts per session. Contact Abby DeGroot.



PRIVATE HORSEBACK TRAIL RIDES

Experience the Backcountry Wilderness Area from the saddle on a guided one-hour horseback ride. Enjoy scenic views and spot local wildlife like elk, mule deer, and golden eagles. Private trail rides are available for up to 4 guests. Note: 215-pound weight limit. Contact Abby DeGroot, Abigail.DeGroot@hrcaonline.org for more details.

INSTRUCTOR IN TRAINING

The Instructor in Training (IIT) program is for high school students passionate about horses. It offers hands-on equine industry experience, helping to develop organizational, social, and responsibility skills while earning volunteer hours. IITs will shadow a Backcountry Equine Program Instructor and assist with horse care, grooming, mucking, and riding lessons. Contact Abby DeGroot for details.

VOLUNTEER ORIENTATION

Volunteer with Backcountry Wilderness Area's animals! This orientation will prepare all volunteers for any of our animal-related positions. Orientation is required to volunteer. Contact Sami.Dhainin@hrcaonline.org for a volunteer application.



Backcountry



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RAFFLES

SUMMER HUNT RAFFLES

Win an opportunity for you and a buddy to hunt elk in the Backcountry Wilderness Area! These close-to-home hunts of a lifetime are offered through our mission of responsible hunting and determined conservation. Proceeds benefit the Backcountry Wilderness Area Fund. The Summer Hunt Raffle runs from June 18 – July 9. Details available at hrcaonline.org/hunt.

ARCHERY

3D ARCHERY LEAGUE

The Backcountry 3D Archery League is a fun, recreational way to enjoy relaxed competition for all skill levels. This scored league will be held at the Backcountry 3D Range, featuring over 30 premium targets—from rabbits to moose—along a mile-long loop with varied terrain and shot distances from 5 to 90 yards. Visit hrcaonline.org/Recreation/Backcountry-Wilderness-Area/Archery for more details.

EVENTS

THE BIG HELP

APRIL 25 – Lots of hands make for a big help! Join us for a community volunteer morning at Base Camp and the Horse Corrals!

SUMMER KICKOFF

JUNE 6 – We're starting summer with a party! Bring the whole family to the Backcountry Wilderness Area Base Camp for a morning packed with excitement. Enjoy sunshine, coffee, and breakfast eats while the kids are entertained by pony rides, a bounce house, live animal presentation, and more!

BACKCOUNTRY OUTDOOR MOVIE SERIES

JUNE-AUGUST – Kick back for cinema under the stars! Join us at Backcountry Base Camp following Nature Night Out to watch your favorite films in your favorite local wild place.

BIGFOOT BASH

JULY 25 – It's time to celebrate the big guy in the woods... Backcountry Bigfoot! Explore Base Camp filled with a dunk tank, bounce house, face painting, delicious food truck (for purchase), and more. Stay for a movie night under the stars and expect a wild time to wrap up this amazing camp season. All are welcome!

PERSEID METEOR VIEWING

AUGUST 13 – Join us for a pre-dawn hike to a top-notch viewing location for the Perseid meteor shower! Don't forget a cozy blanket or small camp chair. With the new moon present, you'll have the perfect chance to catch stunning meteors with minimal moonlight interference. It'll be an unforgettable morning under the stars! Suitable for ages 10 or older.

We offer

PARTIES For All Ages

HRCA offers a variety of options for kids, teens and adults, ranging from traditional birthday parties to customized events tailored to your needs.

Types of Parties

Arts, STEM & Specialty Parties

- Cooking Party
- Pottery Party
- Magic Party
- Science Matters Party
- Battle Zones
- JC Jackman's Adventure Party
- Paint on Canvas Party
- Escape Room Experience
- Lego-Inspired Project Party

Sports Parties

- Climbing Wall
- Golf & Multi-sport Simulator
- Action Packed Turf Activities
- Party at Active Athletics
- Battle Zone: Nerf Party

Pool Parties

- Eastridge Recreation Center
- Southridge Recreation Center

Get ready for fun activities, games,
yummy treats, and a whole lot of fun!



Scan the QR code to
book your event today!



TIME TRAVEL THE WORLD ART CAMP (AGES 5-12)

Travel through time! Travel the world! In this art camp you will make paintings, sculptures and crafts based on different parts and times of our world! From Easter Island to ancient Egypt, from past dinosaurs to futuristic cities- you will be exploring these places as an artistic time traveler! If you have a favorite place, we will create an art project to help you craft a keepsake piece of art to capture the location for you!

PAINTING & SCULPTING YOUR PETS CAMP (AGES 5-12)

Paint & sculpt pets of all kinds- dogs, cats, birds, famous cartoons and movie pets! We will create wonderful paintings using watercolors and acrylics. We will sculpt pets using polymer and other types of clay. We will also create pet-based crafts! Finally, if you have a pet of your own, we will create a painting of your pet!



FOOD ART CAMP (AGES 5-12)

Make art based on your favorite foods and incorporate making real food into art. We'll make delicious drawings, sumptuous sculptures and palatable paintings! We'll even make food jewelry art! Finally, we will make a gingerbread house in one camp and decorate cupcakes another!

UNDERWATER CAMP (AGES 5-12)

Explore art based on our oceans. We will go deep below the waves and create artwork of sunken treasures and sail the oceans blue with paintings to dazzle you. Create an amazing painting through a ship's porthole, make artistic axolotls, and sculpt whales. In this camp, you'll create drawings, paintings, and sculptures of wondrous underwater worlds.



JEWELRY CAMP (AGES 5-12)

Get ready for people to ask 'Where'd you get that bracelet?' Create beautiful beads, make necklaces, learn weaving patterns, and craft unique jewelry to wear or give as gifts! Design your own jewelry box! This class is for everyone. On the final day of camps, we will host a fashion and art show!

ZOO CAMP (AGES 5-12)

It's a zoo art camp! Draw, paint, sculpt and make crafts of our favorite animal friends. Sculpt an elephant, paint an African savanna and design your very own imaginative animal on a poster! If you love animals and art, this camp is for you.

SQUISHMALLOWS, POKEMON, CARTOONS/ANIMATION ART CAMP (AGES 5-12)

If you love Squishmallows, Pokemon, and cartoons/animation, you will love this camp. We create art based on characters! Create Sanrio characters, like Hello Kitty! Imagine making these characters as your very own paintings, sculptures, and jewelry! Come to camp with your favorite character in mind so we can include them in your art!



Camps



LEARN MORE

STAR WARS CAMP (AGES 5-12)

May the art be with you in this fun camp where we create Star Wars art! Design life-sized light sabers, paint your own Star Wars poster, sculpt Baby Yoda and R2D2! Paint, draw, sculpt, make masks, and create crafts based on your favorite Star Wars characters!

DRAGONS, FAIRIES, WIZARDS & ELVES CAMP (AGES 5-12)

We will paint, sculpt, and create art based on the many worlds of fantasy! From your favorite wizards, like Harry Potter, to Zelda the Elf! Dragons & fairies will fill our beautiful skies. We may even see fabulous knights, orcs, and ogres.

ICK, SICK, SLIME & GOO SPOOKY ART CAMP (AGES 5-12)

Paint, sculpt, and make art like slime, goo, and spooky themes. Paint, sculpt and create works of art based on these themes. From Zombies to Jack Skellington and Maleficent, we will have fun making art using these characters (maybe even Slimer from Ghostbusters). We may even spend time learning how to paint our faces and apply some scary makeup.



COLORADO CAMP (AGES 5-12)

Colorado is famous for its beauty, from our aspens to our mountains. Paint the Colorado flag, sculpt bears & deer, and design art using Denver Broncos and Denver Nuggets logos. In this camp, you'll be creating drawings, paintings, and sculptures based on our beloved state! Our instructors are award winning artists that love teaching kids. Your child will have fun creating art, while learning problem-solving and critical-thinking skills.

MONSTERS & ALIENS CAMP (AGES 5-12)

If you love misunderstood monsters and amazing aliens, this camp is for you! Will create art based on your favorite monsters from movies and T.V., think Monsters, Inc., dragons, Godzilla and more! Build your own UFO and your favorite aliens.

YOUNG REMBRANDTS

Drawing is the foundation of every visual art form, and we build that foundation with confidence, creativity, and FUN. Each week features a step-by-step lesson packed with skill-building techniques, engaging art history, and art vocabulary. Enroll your artist today!



K-POP ANIME MANGA DRAWING WORKSHOP (AGES 6-12)

Our K-Pop Anime Drawing Camp is bursting with creative star power and it's going to be golden. Kids will spend five fun-filled days learning how to draw anime characters in a K-Pop style including specialty eyes, stylish outfits and stage-ready poses. K-Pop artists will use color pencils, Sharpies, and markers to bring every detail to life on large 11x17 poster-sized paper. Its K-Pop energy meets anime artistry, a perfect mix of art and imagination inspired by one of the most talked about movies.



YOUNG REMBRANDTS





UNDERWATER EXPLORERS CARTOONING: DRAWING WORKSHOP (AGES 6-12)

Underwater exploration comes to life in this 5-day cartoon workshop. Follow our four cartoon characters as they explore the deep blue sea. Students draw the cartoon characters in their underwater sea station, create jokes about life on the job and illustrate other crazy encounters with Sketch and his animal friends. Cartooning techniques like expression, sequencing and scenic development are just a few of the hilarious lessons learned all workshop long.



SCALES AND SPARKS: DRAGONS DRAWING WORKSHOP (AGES 6-12)

Prepare for a legendary week of creativity with five days of fiery, fantasy fun! In our Dragon Workshop, young artists will spend five exciting days drawing bold, poster-sized dragons in every shape and personality. Using color pencils, Sharpies, markers and pastels, kids will explore shading, texture, dramatic color effects, and all the details that make dragons come to life. It's five days of imagination, adventure, and epic artwork your artist will be proud to show off. Five dragons. Five masterpieces. One unforgettable week!



CARTOON ADVENTURES IN SPACE: DRAWING WORKSHOP (AGES 6-12)



Join Young Rembrandts as we travel to the farthest reaches of the galaxy in our Cartoon Adventures in Space workshop. Futuristic scenes of other worldly adventures highlight the spectacular drawings our students will produce. We will join our own colorful cast of cartoon characters, like Sketch the mouse, Shade the cat and Dave the elephant. From astronauts in jetpacks to out-of-this-world alien lifeforms, our students will learn how to compose well-drawn cartoon figures in dynamic poses. Get ready for five days of exciting, intergalactic imagery!

FASHION DESIGN DRAWING CAMP (AGES 7-12)

SEWING



This camp is suitable for beginners, as well as the continuing sewists, ages 7-12. The industry standard fashion figure is an elongated, 9 head-length, figure. Students will learn the correct proportions of the body, along with how to draw a face, clothing, hands, feet, shoes and accessories. The principles of design will be introduced through projects we complete during the week. All materials and project supplies are included in this camp. Just bring your creativity and imagination. Please bring the following to camp on the first day: Water and a nut-free snack.

HAND SEWING

This camp is suitable for beginners as well as the continuing sewists, ages 7-19. This fun camp will introduce young sewists to multiple hand sewing stitches through fun take-home projects. Camp will begin with the basics of learning the stitches. After mastery of the stitches, we will move on to a variety of projects during the week. This year's big project will be a chubby penguin! Please bring the following to camp on the first day: Water and a nut-free snack and a supply fee of \$20 (cash or check).



Camps



LEARN MORE



DOLL UP YOUR DOLL

This camp is suitable for the complete beginner as well as the continuing sewists, ages 8-19. Hey Doll Lovers - this camp is for you! In this camp, students will learn the machine sewing basics to create several items for the dolls. We will also learn how to properly clean our dolls skin and practice hairstyles on the dolls. This camp is sure to be a load of fun for all you doll-loving fashionistas. Spa time will be the theme of this year's Doll Camp. Please bring the following to camp on the first day: A wire hairbrush for your doll, water and a nut-free snack and a supply fee of \$25 (cash or check)

SUMMER BREAK CHEF'S CAMP (AGES 7-10)

Kids will have a blast learning new recipes every day! Our culinary chef will emphasize safety, nutrition, teamwork, and following directions sequentially. Price includes all food supplies.

Copycats: Discover the secrets behind all your favorites recipes! Your family and friends won't be able to tell the difference!

Movie Munchies: Discover amazing snacks and appetizers that you can make for family and friends or for movie or game night!

Mystery Basket: Solve the secret of the Mystery Basket! This class will be divided into teams. Each team will receive a basket and recipes. Young Chefs will learn how to work in a team environment and invent ways to incorporate the special ingredients provided.

Campground Cooking: Let's go camping! Learn how to make all your favorite camping recipes! Along with recipes that any camper will love!

Stars and Stripes: Learn some great holiday recipes for the Fourth of July to share with family and friends!

Cupcake Wars: It's time to see who can create the best cupcake! In this class you will bake and decorate unique cupcake combinations from the old favorites to new and unique combinations! This class is for the baker and decorator in you!

Sprinkles: Do you love cookies? Then this is the camp for you! Learn how to make cookies from around the world and put a new twist on some of your classic favorites!

International Cooking: Learn how to make dishes from around the world. Explore new spices and ingredients while creating your new favorite dish.

Breakfast Club: Breakfast foods are for anytime! Learn how to make pancakes, waffles, crepes, eggs, biscuits, and gravy and more!

Sweet and Savory: Learn how to make everything that is sweet and savory from appetizers to desserts! Surprise your friends and family with the endless possibilities.

DRAMA

HERCULES BY KIDSTAGE (AGES 6-12)



Take a trip back to ancient Greece where mythical gods and fanciful goddesses rule over the lives of mortals. It was a time of legendary creatures and fearsome monsters. As the evil Hades plots to take over Olympus a young Hercules struggles to find out where he belongs. But with help from the beautiful Megara, the wood-nymph Echo and his devoted Pegasus, Hercules fights to make his dreams come true. This tale brings the classic myth to life and reminds us of what it means to be a true hero.



MOANA BY KIDSTAGE (AGES 6-12)

Join Moana on the island of Montunui as she sets out on a quest to save her island, follow her heart, and discover who she truly is. Along the way, she gets to know a conceited, yet hilarious demigod named Maui, a fashionable crab, and a hare-brained rooster in addition to other colorful characters. Her wise Grandmother, whose spirit is closely tied to the ocean, helps Moana discover her voice and her core on this fantastic journey.

MULTIMEDIA

MOVIE MAGIC (AGES 9-15)

Young filmmakers work together using a Project-based Learning approach to making a movie! Students actively engage in all aspects of a professional film set. We start by learning the process of screenwriting. Students work together to write an original screenplay—light, camera, and action. Let the magic begin. Students become directors, film crew, and actors—honing their craft, building their critical thinking skills, and gaining a sense of ownership. *Kids will receive their professionally edited movie a few weeks after the final class date.



STOP MOTION (AGES 5-9)

Students access their creative ability, making YouTube-ready videos that stand out! Using a STEAM-based learning approach, students embrace their individuality, develop their editing skills, and become compelling content creators who advance their digital well-being responsibly, with an awareness of online safety. *We do not set up YouTube Channels during this class. *Devices are required- iPad, Tablet, Chromebook, or Smartphone with Stop Motion Studio installed. SM WORKBOOK & Award certificate **All footage and final videos will be stored on students' individual devices.

2D CARTOON ANIMATION

Do you have a future cartoonist at home? In this camp, your kids will be the director, producer and animator of their very own cartoon animation movie! Using a STEAM-based approach, your kids will learn how to digitally draw and animate like a cartoonist PRO!

YOUTHFLIX (AGES 6-11)

Lights, camera, action. Jump into the world of show business. Your kiddos will become stars in their own Netflix show. Our YouthFlix uses a STEAM-based learning approach where students can get their creative juices flowing by becoming screenwriters, actors, camera operators and much more. Students will learn the steps of producing a series, from storyboarding to set design. We can't wait for you to see your kids shine. *Kids will receive a professionally edited trailer and episode video a few weeks after the last class.

LIVE WELL. PLAY HARD. EXPERIENCE 5920!



Camps



LEARN MORE

MUSIC

PIANO PALS CAMP (AGES 5-6)



Go from curious listener to confident player in just a week! Does your child love music but hasn't had the chance to explore the piano? Piano Pals Camp is the perfect way to spark their excitement, introduce them to the magic of music, and let them experience the joy of playing. Through hands-on activities, musical games, and guided exploration, campers will discover the joy of the piano. By the end of camp, they'll be playing real songs, making music with new friends, and feeling inspired to keep exploring the world of piano. Let the music begin!



FIDDLE FRIENDS VIOLIN CAMP (AGES 5-7)



Go from curious listener to confident fiddler in just a week! Does your child light up at the sound of strings? Fiddle Friends Camp is the perfect introduction to the violin that invites kids to explore rhythm, melody, and the joy of making music together. Through playful activities, musical games, and guided group lessons, campers will discover how to hold, bow, and play simple tunes on the violin. By the end of camp, they'll be performing songs, making music with new friends, and feeling inspired to keep playing long after the weekends. Let the fiddling fun begin!



CAMP BACKCOUNTRY

SUMMER CAMP

Camp Backcountry invites your child to explore the Backcountry Wilderness Area, an 8,200-acre conservation property perfect for discovering nature, playing in the woods, and enjoying uninterrupted outdoor adventures. Campers hike, build forts, ride horses, create art, and make friends while immersing in environmental education. With traditions and community, it's bound to be your child's best week of summer!

WEEK 1 JUNE 1-5

- Nature Camp (ages 7-13)
- Art Camp (ages 7-8)
- Horse-Nature Camp (ages 7-13)
- Leader-in-Training (ages 14-17)

WEEK 2 JUNE 8-12

- Nature Camp (ages 7-13)
- Girls of the Outdoors (ages 7-8)
- Horse-Nature Camp (ages 7-13)
- Half-Day Horse Camp (ages 7-13)
- Leader-in-Training (ages 14-17)

WEEK 3 JUNE 15-19

- Nature Camp (ages 7-13)
- Art Camp (ages 9-10)
- Horse-Nature Camp (ages 7-13)
- Half-Day Horse Camp (ages 7-13)
- Leader-in-Training (ages 14-17)



WEEK 4 JUNE 22-26

Nature Camp (ages 7-13)
Girls of the Outdoors (ages 9-10)
Horse-Nature Camp (ages 7-13)
Half-Day Horse Camp (ages 7-13)
Leader-in-Training (ages 14-17)

WEEK 5 JUNE 29-JULY 2

Nature Camp (ages 7-13)
Horse-Nature Camp (ages 7-13)
Leader-in-Training (ages 14-17)

WEEK 6 JULY 6-10

Nature Camp (ages 7-13)
Art Camp (ages 11-13)
Horse-Nature Camp (ages 7-13)
Half-Day Horse Camp (ages 7-13)
Leader-in-Training (ages 14-17)

WEEK 7 JULY 13-17

Nature Camp (ages 7-13)
Girls of the Outdoors (ages 11-13)
Horse-Nature Camp (ages 7-13)
Half-Day Horse Camp (ages 7-13)
Leader-in-Training (ages 14-17)

WEEK 8 JULY 20-24

Nature Camp (ages 7-13)
Art Camp (ages 7-10)
Horse-Nature Camp (ages 7-13)
Half-Day Horse Camp (ages 7-13)
Leader-in-Training (ages 14-17)



WEEK 9 JULY 27-31

Nature Camp (ages 7-13)
Horse-Nature Camp (ages 7-13)
Half-Day Horse Camp (ages 7-13)
Leader-in-Training (ages 14-17)

WEEK 10 AUG 3-7

Nature Camp (ages 7-13)
Girls of the Outdoors (ages 7-10)
Horse-Nature Camp (ages 7-13)
Half-Day Horse Camp (ages 7-13)
Leader-in-Training (ages 14-17)



EDUCATION CAMPS

CREATIVE KIDS' CAMPS

Visit HRCOnline.org and fill out the children's application under Creative Kid's section and bring it completed the first day of class.

What to Bring to Camp? Please send your child with a peanut-free lunch and a drink. Children should arrive wearing their swimsuit under their clothes, with sunscreen already applied, and bring a towel and a change of clothes.

Camp Requirements:

- A complete children's application must be submitted on the first day of camp.
- Camps are available for children ages three and older.
- All children must be fully potty trained.
- Swimming experience is not required for summer camps.

RED, WHITE AND BLUE CAMPS (AGES 3-7)

Going to explore America through swimming, crafts, games, and more.



Camps



LEARN MORE



GET SET TO GET WET (AGES 3-6)

Join us at Southridge for a splashing good time. You will be creating art projects, enjoying free play, songs, and games.

MONDAY MADNESS (AGES 3-6)

In this camp, we will swim in the outdoor pool before it opens to the public, create art projects, enjoy free play, songs, and games.

MINI MONDAY MADNESS AT EASTRIDGE (AGES 3-6)

We will swim in the indoor pool, create art projects, enjoy free play, songs, and games.

WET AND WONDERFUL (AGES 3-6)

Explore water in all its dimensions including swimming.

WACKY AND WONDERFUL WEDNESDAY (AGES 3-6)

We will swim, create art projects, enjoy free play, songs, and games.

OUTDOOR CAMPOUT (AGES 3-6)

Let's build a campsite and take a hike (hikes are on the grounds of the Westridge Recreation Center). We will play outside and explore different areas of our campsite.

SURF AND TURF (AGES 3-6)

Explore with the surf in the pool and the indoor turf. We will also make creative art projects, enjoy free play, songs, and games.

HGZ

SPANISH ENRICHMENT SUMMER ADVENTURE (AGES 5-11)

A Spanish-speaking teacher coaches' children in everyday Spanish vocabulary, pronunciation, interactive exercises, games, songs and a phrase of the week. Spanish is taught through three learning styles: Audio, visual and kinesthetic. We promote positive participation including interactive exercises with games, songs, Simon says, show and tell, sentences to practice and tons of vocabulary! **There is a material fee of \$15 payable to the instructor on the first day of class.**



CHESS

CHESSMATES SUMMER CAMP (AGES 5-11)

Chess Camp is all about having fun! We create an environment where kids will learn the basics of chess and bond with their peers. During our program, kids will play games and earn fun prizes along the way! Players will also build abilities beyond the board by learning how to solve problems, think critically, and engage in sportsmanship. At the end of the camp, we hold a chess tournament for students to showcase the skills they discovered throughout the program!



SNAPOLOGY

Register for both morning and afternoon to play all day! There will be a fun supervised lunch and play break in between.



SNAPOLOGY ROBOPETS ROBOTICS (AGES 4-5)

There will be a fun supervised lunch and play break in between. Children begin to explore the world of robotics, as they follow step-by-step instructions to build simple animal models out of LEGO® bricks. They learn about the fundamentals of robotic design! From observing sensors while building a fish or alligator, or discovering ways that gears, wheels, and axles create movement while building robotic dogs or frogs, your child is sure to have a great time!

SNAPOLOGY DISCOVERING DINOSAURS & ANIMAL EXPLORERS (AGES 4-5)

Animals are very different in other parts of the world. Learn where animals live and why an animal's habitat is important for survival. How is a Tyrannosaurus Rex different from a Triceratops? Your little paleontologists will explore dinosaurs while constructing their very own dinosaur model out of DUPLO blocks and LEGO® bricks. Through stories, building, and games, your little learners will be busy exploring while gaining critical social and developmental skills without even realizing it!

SNAPOLOGY JUNIOR SCIENTISTS: ALL ABOUT ANIMALS (AGES 4-5)

Allow your child to cultivate their love of animals. Children will learn various concepts of animal life cycles and animal characteristics & traits using K'Nex and other interactive learning tools. We make animal science fun at Snapology!



SNAPOLOGY KINDERBOTS ROBOTICS (AGES 4-5)

Explore the world of robotics as they build simple models that teach the fundamentals of robotic design. Follow step-by-step instructions and build with LEGO® bricks. Whether learning about sensors while building drills and magic wands, or discovering ways that gears and pulleys create movement while building helicopters and robotic dogs, your child is sure to have a great time!

SNAPOLOGY BOT BUILDERS WITH CUBELETS® (AGES 4-6)

Begin to develop computational thinking skills by building with LEGO® bricks and modular robotic cubes. Snap the magnetic cubes together creates a unique robot, but what really matters is how they figure out the perfect robot recipe to solve a challenge. They will work in small teams to figure out how to create lighthouses, racer bots, wheelie bots, goofy animals, and so much more! Get ready to play and tinker with Snapology?



Camps



LEARN MORE

SNAPOLOGY RESPONSIVE ROBOTICS WITH CUBELETS® (AGES 7-10)

In this challenge-oriented program, your student will explore the basic components of robotics by building with LEGO® bricks and modular cubes, known as Cubelets®! Each way your student snaps the cubes together will create a unique robot, but what matters most is when your student figures out the perfect robot recipe to solve a challenge. They will work with a partner to figure out how to create lighthouses, vehicles, astrobots, animals, and so much more. Is your student ready to tinker, design, predict, code and have a blast with Snapology?!

SNAPOLOGY POKEMANIA (AGES 5-10)

Scientists program helps children explore their curiosities and cultivate a deep love for science by experiencing the different domains of scientific study. Students will engage with concepts from the fields of astronomy, earth science, biology, chemistry, and physics using LEGO® bricks and other interactive learning tools. We make science fun, exciting, and approachable!

SNAPOLOGY ANIMATION STUDIO (AGES 6-10)

Create amazing movies with stop motion animation using LEGO® bricks. Children will work in teams to produce their very own movie complete with dialogue and sound effects. Movies are uploaded to a secure site for family and friends to see how cool they are!



SNAPOLOGY JEDI MASTERS (AGES 5-10)

If you love building with LEGO® bricks and Star Wars®, this is the camp for you! Come participate in Star Wars®-themed activities, build scenes from the movie, build spaceships, lightsabers, you name it. May the Force be with you....

SNAPOLOGY MEGA MACHINE ROBOTICS (AGES 6-10)

In Snapology's Mega Machine Robotics class, your child will create some of their favorite motorized vehicles out of LEGO® bricks. Students will learn about gear ratio, sensors, pulleys, cranks, and programming as they build trucks, space rovers, helicopters, and much more. Your child is sure to have fun as they build, learn, and play!

SNAPOLOGY HARRY POTTER (AGES 5-10)

Accio! We're so glad you're able to join us for some spell-binding fun! LEGO® builder will explore the magical world that surrounds Harry Potter and creatively design ways to bring their imagination to life. Riddikulus, there's nothing scary here, just creative fun, through building with LEGO® bricks, – Alohomora – and let your learner's love of magical possibilities fly- Wingardium Leviosa!



SNAPOLOGY AMUSEMENT PARK ADVENTURES (AGES 6-10)

Every child loves to go to the amusement park and ride their favorite rides, but have they ever thought about how to build one and the people who design them? Design their own amusement park rides. While building with LEGO® bricks and power functions, they will learn physics and engineering concepts, as well as problem solving skills, all while having a blast!

SNAPOLOGY CASTLES & KINGDOMS (AGES 5-10)

Who wouldn't want to escape and play in the world of magic, fairytales, and royalty? Use LEGO® bricks to design your own medieval fantasies while also bringing real history to life! Yes, they will do more than just build with LEGO® bricks. They will build their historical understanding of the unique elements that make the medieval time period such a fascinating point in human history!



SNAPOLOGY SUPER STRUCTURES ARCHITECTURE (AGES 6-10)

Foster your child's engineering and building skills. Designing beautiful buildings or functional spaces for their mini figures. Architects can sharpen their design and building skills! Building from the Empire State Building to the house next door, started as an idea in an architect's head. Guided through the building process, from creating a floor plan to disaster-proofing the structure.

SNAPOLOGY BRICK ART & DESIGN LAB (AGES 5-10)

Edgar Degas, a famous artist, once said, "Art is not what you see, but what you make others see." As your child learns about different types of art and the periods in which they were created, students will also be interpreting what they see and creating their own works of art out of LEGO® bricks. Your child will be able to not only share information about famous artists, art forms, and art movements, but create their own unique works of art that reach beyond the past and into the future.

SNAPOLOGY COMBAT BOTS (AGES 6-10)

Learn engineering strategies for building sturdy structures using LEGO® bricks and then apply that knowledge to build a robot for friendly competition. You'll have a blast as you play robot football and complete the hoop challenge in this fun robotics program!

SNAPOLOGY NINJAS (AGES 5-10)

The goal of Snapology's Ninjas program is to teach students about the history, culture, skills, and tactics of ninja warriors. Students learn about shinobi through a variety of LEGO® brick activities, games, and projects! From translating their name to Japanese to learning about the importance of strength, concentration, and agility through physical challenges, students are bound to have a blast!

SNAPOLOGY ATTACKBOTS ROBOTICS (AGES 7-10)

In class we will build a variety of military-inspired robotic models, completely out of LEGO® bricks! Children will follow step-by-step instructions and learn about sensors, gears, pulleys, and programming, as they create robotic catapults, crossbows, battleships, and more!



Camps



LEARN MORE

SNAPOLOGY SUMMER GAMES (AGES 5-10)

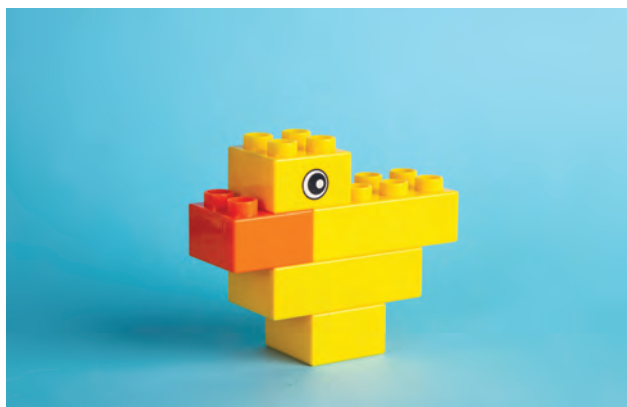
In Snapology's Olympics camp, students will build with LEGO® bricks, work in teams, and compete in sport-themed challenges. Your child will focus on sports, while learning important STEAM concepts. Your child is sure to have a blast, as they build, learn, and play!

SNAPOLOGY CREATURE CREATOR ROBOTICS (AGES 5-10)

Animal-lovers create your own animal-inspired robotic models out of LEGO® bricks. Students follow step-by-step instructions and learn about gear ratio, sensors, simple machines, and programming, as they build insects, dolphins, gorillas, and much more! Your child is sure to have a wild time as they build, learn, and play!

SNAPOLOGY MINING AND BUILDING (AGES 5-10)

Travel to the Nether with Snapology—but watch out for those creepers! Come join us as we bring Minecraft® to life using LEGO® bricks. Create your own world, including animals, creepers and your very own LEGO® Minecraft® character! Please note, this is a hands-on program that does not involve playing the game on screens.



SCIENCE MATTERS CAMPS

SCIENCE MATTERS

Register for both morning and afternoon to play all day! There will be a fun supervised lunch and play break in between.

SCIENCE MATTERS: SLIME TIME (AGES 5-10)

Calling all slimeologists! Prepare to get elbow deep in gooey fun as we enter the world of polymer chemistry and make different slime creations each week. You'll make amazing color changing slime, textured slime with growing orbs, and chalkboard slime that you can draw on!

SCIENCE MATTERS: SCIENCE PALOOZA (AGES 5-10)

Prepare yourself for more science, more fun and more eye-popping experiments! Experience the many areas of science with this sampling of our club themes. Discover the wonder of bubbles by making a bubblelarium, create secret messages on papyrus paper using hieroglyphics, simulate a real avalanche and make a clucking cup to amplify sound.

SCIENCE MATTERS: ASTRONAUT ACADEMY (AGES 5-10)

3...2...1 BLAST OFF to discovering space and flight! Half day campers will explore the stars and constellations as you take an out-of-this-world sky tour in our homemade planetarium, prepare for lift-off as you build and launch your own rocket while learning about Newton's Laws of Motion, complete a mission to Mars as you design and build your own model space station and work in engineering teams to construct space capsules that will be used to launch "eggstronauts"!



SCIENCE MATTERS: FIZZ BANG BOOM (AGES 5-10)

What do you get when you take the physics of motion, add in some electrifying experiments, and mix it up with some chemistry? Everyone has a blast! You'll create your own battery-powered invention, experiment with light and flight, make your own kaleidoscope, experiment with giant floating bubbles and so much more!

SCIENCE MATTERS: OCEAN BLUE (AGES 6-10)

Dive into an unforgettable week-long camp where you'll come face-to-face with some of the ocean's most fascinating creatures as you dissect a real shark, hatch and raise your own Triassic Triops, and explore the ancient history of life beneath the waves. Put your engineering skills to the test in a boat building challenge using Archimedes' Principle and uncover the weird and wonderful creatures that call the deep-sea home. From hands-on experiments to mind-blowing marine biology, this camp is packed with excitement and exploration!

SCIENCE MATTERS: STEM LAB (AGES 5-10)

Get ready for a week of exciting hands-on experiments and creative problem-solving! Explore the colorful world of chromatography, create bubbling chemical reactions, and build your own electric game to learn about circuits and conductivity. Plus have a blast of fun experimenting with air pressure and test out your engineering skills by building gumdrop towers. Each day is packed with exciting challenges that spark curiosity, build confidence, and encourage teamwork—all while making science seriously fun!



INSPIRE TO LEARN AND IMAGINE



Inspire to Learn & Imagine STEMplicity Camps offer a safe place for kids to enjoy playing, learning, and creating, where children build their self-confidence and make life lasting friendships. During camps we work on special projects, play games, build LEGO® Technic® motorized models, engage in challenges and contests. Children explore concepts of science, technology, engineering, art and math while having lots of fun imagining and creating!

INSPIRE TO LEARN AND IMAGINE: ESCAPE ROOM CREATOR- WITCHES AND WIZARDS (AGES 7-14)

Escape school-break boredom with a week of nonstop mystery and fun! Campers dive into codes and ciphers, crack puzzles, solve mini-mysteries, and even try a paper escape room. They'll take part in our live "Escape Hogwarts" adventure right here at camp. Then the roles flip—kids team up to design their own puzzles, create clues, and build a mini escape room for others to solve. It's a full week of hands-on challenges, teamwork, and excitement!



Camps



LEARN MORE

INSPIRE TO LEARN AND IMAGINE: MAGIC AND MONSTERS- SORCERY CITY (AGES 7-14)

What's happening in Sorcery City—the biggest, most magical city in the land? No one knows... but YOU can find out! Join us for a week-long adventure where you become the hero. Using a fun, simplified game system inspired by Dungeons & Dragons, dive into a magical world full of mysteries, strange creatures, and secret places. Solve puzzles, outsmart villains, tackle daring challenges, and team up with friends to shape the adventure. Get ready for a week of sorcerous shenanigans, mythical mayhem, and epic fun in Sorcery City!



KGS: PLANT AND ANIMAL CAMP (AGES 5-8)

In this camp, children will learn about the basic needs of plants and animals, and how they do amazing things to survive! They'll explore why certain behaviors and traits exist in nature and discover how understanding these needs helps us learn about the plants and animals around us.

KGS: SAFARI BITES – SCIENCE OF FOOD & FLAVOR TASTE, SMELL, & TEXTURE – A SENSORY ADVENTURE! (AGES 5-8)

Campers will dive into the science behind flavors, conducting fun experiments to discover how taste, smell, and texture work together. From sour explosions to sweet surprises, they'll explore the magic of food in a hands-on, exciting way. Warning: this camp might just turn them into expert taste testers!

KGS CAMPS

KGS: EXPLORING THE WONDERS OF RAINBOW (AGES 5-9)



Join us on a colorful adventure in our Summer Science Camp! Children will explore the world of rainbows and colors through fun, interactive science experiments. They'll discover the magic behind colors, from vibrant reds to mesmerizing violets, and unleash their creativity by testing hypotheses and learning about the science of rainbows!

KGS: INSECT CAMP (AGES 5-8)

Buzz into the fascinating world of bugs and insects in our Insect Camp! Kids will explore the role of these tiny creatures in our ecosystem, learning through hands-on experiments and activities. This camp will leave young scientists amazed by the importance of insects and how they help nature thrive.

WIZE CAMPS

WIZE ACADEMY: CODING MINECRAFT CAMP (AGES 8-12)



In this exciting camp, students will explore coding using Scratch while building incredible structures in Minecraft! Whether they're creating themed worlds or tackling a Mission to Mars, students will learn fundamental coding concepts and problem-solving skills in a fun, interactive environment. This camp blends creativity, teamwork, and technology, giving kids the tools to bring their imaginative ideas to life.



WIZE ACADEMY: CODING DRONE CAMP (AGES 8-12)

Take to the skies in our Drone Coding Camp! Kids will learn to code and control drones, complete challenges, and discover how technology can solve real-world problems. Through hands-on activities, they'll develop problem-solving skills, teamwork, and an understanding of drone technology in a fun and exciting way. This camp is the perfect mix of coding and flight, and we recommend the full-day option for maximum fun!

WIZE ACADEMY: LEGO ROBOTICS CAMP (AGES 6-10)

Get ready for an exciting journey into the world of coding! In this camp, kids will learn the basics of programming through hands-on projects. Each week, they'll create new builds, using motor sensors to bring their designs to life. Whether they're starting with simple icon-based coding or advancing to block-based programming, campers will gain essential coding skills that inspire creativity and problem-solving. Join us for a fun, dynamic experience where innovation and fun go hand in hand!

WIZE ACADEMY: 3D MODELING CAMP (AGES 8-12)

Let your imagination soar in our 3D Modeling Camp! Kids will learn how to turn 2D designs into amazing 3D models. Using creative design skills, they'll build their very own digital masterpieces that they can shape and mold—just like a digital architect! If you love to create and build, this camp is for you!



DUNGEONS AND DRAGONS

DUNGEONS AND DRAGONS (AGES 10-14)



Learn to lead exciting Dungeons & Dragons sessions! This class teaches rules and shared storytelling to become skilled D & D Game Masters. Through active play, participants will craft and run their own sessions, developing leadership, problem-solving, and creative thinking. Students are empowered to find their voice and build strong peer relationships.



ACTIVE

ACTIVE ATHLETICS SUMMER CAMPS (AGES 3-11)



Each day of the week will be centered around the weekly theme. Craft and Activities will involve the theme. Throughout the day kids will get to learn the basics of gymnastics, work on social skills, and work as a team member. Campers must bring a water bottle, two snacks, lunch, and wear comfortable clothes. The registration form must be submitted prior to the first day of class.

ACTIVE ATHLETICS PRESCHOOL CAMP (AGES 3-5)

ACTIVE PRESCHOOL DROP-IN DAYS

ACTIVE ATHLETICS CAMP (AGES 5-11)

ACTIVE ATHLETICS DROP-IN DAYS (AGES 5-11)



Camps



LEARN MORE



CHEER CAMP

SHINE CHEER AND DANCE CAMPS (AGES 5-12)



Ready, OK! Get ready for an exciting, energetic summer cheer camp. Your child will learn an entire dance, two cheer chants, motions, jumps, stunts, and tumbling! Parent performance will take place at the very end.

HRCA ACTIVITY GUIDE MAY-AUGUST 2026

TUMBLING CAMPS

HRCA TUMBLING CAMP (AGES 3-7)

Visit [HRCAonline.org](https://hrcaonline.org) and fill out the children's application under the Tumbling section and bring it filled out the first day of class.

FLIP AND DIP CAMP (AGES 3-7)

We'll create a fun art project, swim, and do some exciting tumbling. Children should wear their swimsuit and have sunscreen already applied. Bring a peanut-free lunch/snack. Children must be potty-trained. Note: Visit the web site and fill out the children's application under the Tumbling section and bring with you the first day.

POP INTO SUMMER (AGES 3-7)

Come and cool off with two hours of fun-filled tumbling, music, games, and a cold treat.



BASKETBALL CAMP

YOUTH BASKETBALL CAMPS

HRCA Basketball Camps offer kids ages 5-17 the chance to build skills in a dynamic environment. With experienced coaches and an emphasis on fundamentals and teamwork, campers enjoy fun drills, competitive games, and lessons in confidence and sportsmanship. Camps are offered during DCSD school breaks. For questions, contact patrick.gojan@hrcaonline.org or 303-471-8869.

TENNIS CAMP

YOUTH TENNIS CAMP

Serve. Splash. Smile. HRCA Tennis Camps recommended for ages 7-9 years or 10-12 years are back this summer at Westridge and Southridge! Camps run weekly throughout the summer, with two hours of tennis with our certified pros plus one hour of swimming to beat the heat per day. It is the perfect way for kids to stay active, build skills, and have a blast with friends.



PICKLEBALL YOUTH CAMPS

Get ready to play, learn, and have fun at our Youth Pickleball Fundamentals Camp. Designed for beginners and newer players, this camp introduces the basics of pickleball through games, drills, and guided play. It is a terrific way to stay active, make friends, and discover a new favorite sport. Recommended for children ages 9-11.



CREATIVE KIDS

TODDLER & ME (AGES 18 MOS-4)

Experience a mock day at preschool with mom. Enjoy free play, circle time, crafts, and snacks while you and your child meet new friends. An adult must accompany each child.

SIBLING RIVALRY (AGES 3-7)

Enjoy a class with your sibling. This class allows older siblings to help younger siblings explore the fun of this class. You will make creative art projects, enjoy free play, songs, and games.

KIDS NIGHT

KIDS NIGHT-IN (AGES 3-12)

Swimming, dinner, movie, crafts, and more. Wear your swimsuit and bring your P.J.'s, a pillow, and a blanket, and be ready for bed when Mom or Dad come to pick you up! Please bring a water bottle.

KREATIVE KIDS

KREATIVE KIDS (AGES 3-5)

Play, crafts, games, and songs is what Kreative Kids is all about! Please provide peanut-free lunch and snacks.

2 TIMES THE FUN (AGES 2-3)

Two-year-olds will explore various games, music, story time, art, and playtime. It's an excellent way to initiate social skills and prepare for preschool. Parents do not attend.

Education

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LEARN MORE

LIVE WELL. PLAY HARD. EXPERIENCE 5920!



Education



LEARN MORE

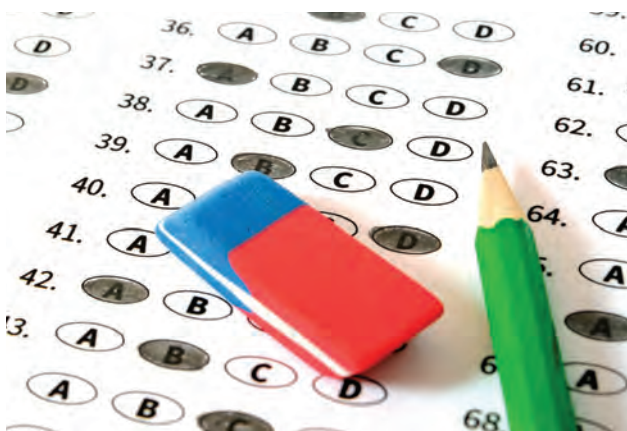
STEPPING STONES (AGES 2½-3½)

Prepare your child for preschool. Children learn about colors, ABC's, and numbers while having social interaction and fun. A snack will be served. Parents do not attend.



SAT/ACT® PREPARATION CLASS (AGES 14-18)

Do you want higher test scores and a better shot at competitive schools? Learn test-preparation strategies for a fraction of the cost of commercial programs! This Education Specialty course is taught by a National Board-Certified teacher with 30+ years of experience in test preparation helping students for both the SAT and ACT. Students have typically improved their SAT score by an average of 100 points and their ACT score by 3 points. Students receive an official preparation guide and an additional strategies manual.



FINANCIAL SEMINARS

WILL SEMINAR

This is a simple one-step class which provides a notarized will, general power of attorney, medical power of attorney, and living will by an experienced attorney. Finished estate planning documents at a fraction of the typical cost. Cost includes all materials, witnessing, notarizing, individual review, and time for discussion and questions. Participants do not need to bring anything to class.

REVOCABLE LIVING TRUST SEMINAR

Learn why a revocable living trust may benefit you and your family. Discover the top reasons many people choose this estate planning tool and what it can protect. This class explains how trusts help address incapacity planning, real estate, life insurance and complex family situations. You will leave with a clearer understanding of whether a revocable living trust is right for your term plans.

RETIREMENT: MAKING YOUR MONEY LAST

Are you worried about your investment strategy? Wondering if you have a sustainable financial plan in place? Interested in learning about alternative strategies and preparing for the unexpected? We will discuss timely topics: market update, financial planning & living in retirement, preparing for the unexpected, annuities, health care and long-term care, and estate planning.

FOUNDATIONS OF INVESTING, STRATEGIES & THE MARKET

Do you have questions about your investments or how to get started? Join us for rules of investing – education on the importance of developing a strategy, portfolio construction and its influence on your goals. Hear timely market topics and how it relates to you. Learn the fundamental concepts of investing and potential strategies to help build wealth.

COLLEGE PREP

HRCA ACTIVITY GUIDE MAY-AUGUST 2026





SOCIAL SECURITY: YOUR QUESTIONS ANSWERED

Before you retire, it's important to understand your options around social security and the impact your decisions have on your retirement. We'll review a variety of strategies, considerations, and scenarios such as single, married, divorced and widowed. The seminar will discuss how Social Security fits into your retirement income plan, when you should start taking benefits, and tax considerations.

HEALTH CARE AND YOUR RETIREMENT

A subject often daunting for many as they approach retirement is health care. How much should you budget for? What are the options? What is covered? We'll provide a Medicare overview, discuss health care costs, important dates, private insurance options and considerations, long-term care expenses, health care directives, and how to incorporate health care in your retirement plan.

ONLINE EDUCATION

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Bring everyone in the office up to speed on subjects that affect overall productivity! Learn without leaving the comfort of your own home! Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. There are over 300 classes offered including:

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- Debt Elimination Techniques
- Professional Sales Skills
- SAT/ACT Preparation
- Stocks, Bonds, and Investing: Oh, My!
- Designing Effective Web Sites
- Wine Appreciation
- Achieving Success with Difficult People

Courses run for six weeks, are project-oriented, and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links and more. Visit ed@go.com/HRCA for complete course descriptions, lesson outlines, and evaluations from former students, course requirements, instructor credentials, and a demo course.

Each class: Varies in Price

Requirements: All courses require Internet access, e-mail, Netscape Navigator, or Microsoft Internet Explorer. Some courses may require additional software or other requirements. Before registering, visit ed2go.com/HRCA for complete course requirements.

To Get Started: Visit ed2go.com/HRCA. Click the Orientation link and follow the instructions to enroll and pay for your course. On the first day of class, return to ed2go.com/HRCA and click the classroom link. Log in with the name and password you provided during orientation.

Questions? Visit ed2go.com/HRCA or call 303-471-8818.

LIVE WELL. PLAY HARD. EXPERIENCE 5920!



Education



LEARN MORE

HEALTH AND SAFETY

A.P.E.'S BASIC CLASS/ CHILD ESCAPE (AGES 5-12)



The class covers key safety topics such as identifying strangers and lures, practicing role-playing scenarios, using code words, and learning what to say or do in unsafe situations. It also teaches children how to respond if they are grabbed or approached. Due to its hands-on nature, the class is designed for both children and parents to attend together.

SELF-DEFENSE FOR WOMEN'S & TEEN GIRLS: BE CONFIDENT & PREPARED (AGES 13+)



This class will help build confidence, awareness, and practical self-defense skills for real-world situations. The course focuses on everyday environments such as parking lots, public spaces, in and around your vehicle, and at home. Learn situational awareness, mindset, and scenario-based self-defense strategies, including using their voice, maintaining distance, and responding under stress. Key safety principles are emphasized, including recognizing danger early and avoiding being taken to a second location. Focus is on practical decision-making, confidence, and preparation for daily life.

Teen girls aged 13+ may attend with a parent or legal guardian.



BABYSITTING CLASS WITH WESTCPR (AGES 11-18)



Learn guidelines for working with parents and their children to make the time safe and fun. Learn how to set up your own babysitting business, keep the kids entertained, and what to do in an emergency. Hands-on class where you will learn and practice everything from baby diapering and feeding to basic child/infant first aid, choking protocols, and CPR.

HRCA PRESCHOOL

HRCA PRESCHOOL AUGUST 31, 2026 - MAY 21, 2027

The HRCA's Preschool program is based on a play environment with developmentally appropriate activities which give children the foundation for future academic learning. The children will participate in art, music, finger plays, dramatic play, block building, sand play, puzzles, and beginning handwriting skills. Through these activities children develop physical, emotional, social, creative, and cognitive skills.

AGES 1-2

Our 1-2-year-old classroom is a loving, play-based environment where teachers support, facilitate, and expose your child to experiences that encourage exploration and learning through discovery. This aids in the development of language, basic motor, social, emotional, and cognitive skills. Your child will participate in creative art projects and play alongside their peers in a group setting to create and develop emerging friendships.
Eastridge: Buttercups and Poppies

HRCA ACTIVITY GUIDE MAY-AUGUST 2026



AGES 2-3

Children are cared for in a loving, play-based environment. They will learn how to follow a basic daily schedule and are introduced to early literacy skills through teacher reading and learning individual letter sounds. Children learn to work independently and express their curiosity through discovery. Our teachers create a calm educational setting with activities throughout the week that cover language and literacy, arts and crafts, music and movement, math, science, and discovery as well as gross and fine motor skills. Your child will learn to solve problems, developing a sense of achievement and self-confidence.

Eastridge: Sweet Peas and Bluebells

Westridge: Cubs

AGES 3-5 (COMBO CLASS)

Preschool and pre-K age children will excel in a caring environment that fosters learning in a mixed-age classroom. Older children support younger ones by being role models which promotes progress at each child's own pace. This class is unique as children learn from each other at different developmental levels. We implement Learning Without Tears, a developmentally appropriate curriculum that engages students in multisensory learning. This instruction aids in developing word recognition and proper writing technique. Teachers will provide and promote social and emotional development as well as fine and gross motor skills. Children will be given tools to help advance problem solving through activities and materials that will support individual growth and learning in preparation for kindergarten.

Eastridge: Sunflowers

Westridge: Bisons



AGES 4-5

Our pre-K program thrives in a caring environment that promotes kindergarten readiness and solidifies the foundation for learning. We implement Learning Without Tears, a developmentally appropriate curriculum that engages students in multisensory learning. This instruction aids in developing word recognition and proper writing technique. Teachers will provide and promote social and emotional development as well as fine and gross motor skills. Children will be given tools to help advance problem solving through activities and materials that will support individual growth and learning.

Eastridge: Daisies

Westridge: Elks

2026-27 SCHOOL YEAR ENRICHMENT (AGES 3-5)

The HRCA operates an Enrichment program at Eastridge and Westridge to enhance the preschool/pre-K program. Enrichment is a before and after school program for those enrolled in our preschool/pre-K classes only, providing care for your child for a full day, 7:30 a.m. - 5:30 p.m.

Families who need full-time care for their child may enroll in a 5-day preschool or pre-K class and add Enrichment to make a full day. Families may also choose three days of Enrichment, which would give their child full days on Monday, Wednesday, and Friday. The HRCA Preschool wants to provide a flexible care option to meet your needs while maintaining the integrity and quality of the preschool and pre-K program you value.



Events

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4TH OF JULY FESTIVITIES

Celebrate the 4th of July in Highlands Ranch with a day full of patriotic fun! Start your morning with the Independence Day 5K at 7:30 a.m. Bring the family (and pets) to the Kids & Pet Parade at 8:45 a.m., followed by the Community Parade at 9 a.m., showcasing local groups and festive floats. Cap off the day with fireworks at Highland Heritage Regional Park at 9 p.m., weather and fire restrictions permitting.

CLEAR THE CLUTTER

Clear the Clutter is a one-day event for Highlands Ranch residents to responsibly dispose of waste, recycle materials, and upcycle items for reuse. The spring event takes place on Saturday, May 16, with a second event planned for September 2026. Location information to come. Bring your unwanted items and help keep your home and community clean while giving things a new life!



LEARN MORE



COMMUNITY EVENTS

Discover exciting ways to connect with your community this summer in Highlands Ranch!

Stroll the neighborhood, find great deals, or sell your own items at the **Community Garage Sale** on **Saturday, May 2**. Add your home to HRCA's free online map to take part, or use the map to plan your shopping route and discover your next stop.

On **May 9**, bring your kids to **Hooked on Fishing** for a fun, hands-on morning outdoors. Kids will learn the basics of fishing and take home a fishing pole to keep the fun going. Join us at Redstone Park during one of two sessions. Tickets are very limited.

Roll in for family fun at the annual **Highlands Ranch Car Show** on **Saturday, June 13**. See a wide range of vehicles, from vintage classics to modern rides. Enjoy food and shopping from local vendors. This event is great for kids, families, and car lovers of all ages.

Enjoy the outdoors on **Bike to Work Day** on **June 24** at the Highlands Ranch Super Stop. HRCA is teaming up with Highlands Ranch Metro District and Highlands Ranch Water to welcome riders with free coffee, water, snacks, and giveaways. Stop by, refuel, and enjoy the ride!

FARMERS' MARKET

Experience Colorado's harvest at the Highlands Ranch Farmers' Market! Every Sunday from April 5 to November 1. Shop fresh, seasonal produce and locally made goods. The markets run 10 a.m.–2 p.m. in Town Center and are free and open to the public.



FOOD & DRINK TASTINGS

Sip and savor at **Tequila & Tacos** on **Saturday, May 2**. Enjoy tequila tastings, delicious tacos, and a fun, relaxed atmosphere. Meet up with friends and enjoy great food and drinks, whether you're a tequila fan or just here for the tacos!

The **Highlands Ranch Beer Festival** returns **Saturday, May 30**. Brought to you in partnership with Davidson's Beer, Wine & Spirits, this afternoon event features beer, cider, seltzers, live music, food trucks, vendors, and giveaways. Proceeds support the Highlands Ranch Community Scholarship Fund. Tickets go on sale March 30.

GOLF TOURNAMENT

The 4th Annual HRCA Golf Tournament is taking place **Thursday, June 18**. Enjoy 18 holes on a beautiful course while supporting HRCA's nonprofits: Backcountry Wilderness Area Fund, Community Scholarship Fund, and Cultural Affairs Association. Want to support this event and our work in the community? Sponsorships are available!

LIVE MUSIC PERFORMANCES

Enjoy free live music at the **Summer Concert Series**, held on **Thursdays in June and July** at Highland Heritage Regional Park. Bring the whole family to dance, relax, and enjoy a great lineup of bands in a beautiful outdoor setting. Pack a picnic or purchase dinner and treats from on-site food trucks. Concerts run from 6:30–8 p.m. and are weather dependent.

Celebrate Colorado's 150th birthday at the **Colorado 150 Celebration** on **Saturday, August 1**, in Town Center! Enjoy live music from bluegrass to jazz, Latin rhythms, 90s jam bands, and more, each performance honoring Colorado's musical heritage and rich cultural story.

Wrap up the summer at the **Summer Sunset Concert** on **Saturday, August 22**, at Civic Green Park! In partnership with Highlands Ranch Metro District, enjoy a free evening outdoors with friends and family, live music, a drone show, and a relaxing atmosphere. Perfect for all ages!



Events



LEARN MORE



RACE SERIES

Get active with the Highlands Ranch Race Series, offering events for every athlete and adventurer. Celebrate mom on May 9 with the family-friendly Mother's Day 5K, or join the Happy Hour Half K on June 19, supporting HRCA's Therapeutic Recreation program. Show your patriotic spirit at the Independence Day 5K on July 4, tackle trails in the Mountain Bike Series, or let kids dive in with the Splash Mash Dash Triathlon. There's a race for everyone in Highlands Ranch!

2026 RACE SERIES SCHEDULE

Mother's Day 5K
Saturday, May 9



Happy Hour Half K
Friday, June 19



Independence Day 5K
Saturday, July 4



MTB Races
Wednesdays in the Summer



Splash Mash Dash Kids Tri
Saturday, August 8



Oktoberfest 5K
Saturday, September 26



Wildcat Mountain Trail Races
Saturday, October 3



Backcountry Wilderness Half
Saturday, November 7



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Fitness

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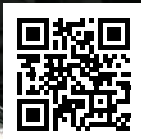
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LEARN MORE



PERSONAL TRAINING

Our nationally certified personal trainers are excited to get you started with a customized personal training program! By creating a personalized exercise program, our trainers will help you learn how to exercise effectively so you can achieve results. Personal training is recommended for those 13+. All personal training sessions require advanced scheduling.

How to Get Started:

Scan this QR code to fill out the Request a Trainer form.



LEARN MORE

PRIVATE PERSONAL TRAINING SESSIONS (1:1)

Unlock your full potential with personalized 1:1 training! Our expert trainers craft custom workouts tailored to your goals, providing focused attention and motivation every step of the way. Whether you're aiming for strength, endurance, or overall fitness, experience a supportive and effective approach that adapts to your unique needs. Start your transformation today with personalized guidance and encouragement.

SEMI-PRIVATE TRAINING PACKAGES (TWO PEOPLE)

Experience semi-private training with a friend or partner! These sessions provide personalized instruction in a supportive environment. Participants should have similar fitness levels and goals to maximize results. Enjoy tailored workouts, individualized attention, and the motivation of working out together.



SMALL GROUP TRAINING PACKAGES (THREE-FIVE PEOPLE)

Join our small group training sessions for 3–5 participants! Participants should have similar fitness levels and goals to get the most out of each session. Enjoy personalized attention, tailored exercises, and the motivation of a community-focused environment. Achieve your fitness goals while benefiting from the camaraderie and energy of a small team.

PERSONAL EQUIPMENT ORIENTATION

Learn how to use the weight and cardio machines at your facility with a certified trainer! This is not a personal training session, but a guided orientation to help you find proper seat settings, starting resistance, and correct form. Sessions can be one-on-one or with a partner and require advance scheduling.

BODY COMPOSITION ASSESSMENTS

Get a clear picture of your fitness progress with the InBody body composition test! This advanced analysis provides detailed insights into your muscle mass, body fat percentage, and overall health metrics. By measuring these key indicators, you can track your progress accurately and make informed decisions to optimize your training and wellness goals. Inbody assessments are included in personal training packages to help you track your progress. All body composition scans require advance scheduling.



LEARN MORE



THE ZONE: HIGH-INTENSITY INTERVAL TRAINING



This 45-minute, high-intensity, circuit training class uses heart rate monitoring technology to push your exercise limits and reach your maximum workout effort to assist you in meeting your training goals. This is an intense and fast-paced class. Previous exercise experience is recommended. Classes are recommended for those 13+. Online class reservations are required, and classes open for registration two weeks in advance.

THE ZONE PASS OPTIONS

Choose the fitness pass that suits you best! Opt for the Monthly Auto-Renew for seamless, ongoing access. The Punch Pass offers flexible visits with a set number of classes. Enjoy unlimited access for a full month with our 30-Day Unlimited Pass, or simply drop in for a single class. All passes are electronically loaded directly onto your recreation center card.



Fitness



LEARN MORE

GROUP FITNESS CLASSES

Explore over 100 diverse fitness classes each week, from invigorating aqua and energizing Zumba to calming yoga. With something for everyone, you can mix and match to keep your workouts fresh and exciting. Join us for a dynamic range of options designed to fit all fitness levels and preferences! Classes are recommended for those 13+. Online class reservations are required to attend, and classes open for registration two weeks in advance.



GROUP FITNESS CLASS PASS OPTIONS

Select from our versatile fitness pass options: the Unlimited Annual Pass for a full year of access, or the 30-day Unlimited Pass for a month of unrestricted workouts. Choose a 10 or 20-punch Pass for flexible visits or enjoy the freedom of a Drop-In option for single classes. All passes are electronically loaded directly onto your recreation center card.

ACTIVE FOR LIFE FITNESS

Enhance your vitality with Active for Life fitness classes! Designed for active aging, these sessions focus on balance, strength, and flexibility in a safe, supportive environment. Enjoy exercises that improve mobility and overall well-being while connecting with a community of like-minded peers.

AQUA FITNESS

Dive into our aqua fitness classes for a refreshing and effective workout! Combining water resistance with cardio and strength training, these classes offer a low-impact yet challenging exercise option. Enjoy fun, energizing sessions that improve fitness and flexibility.

BARRE

Experience the perfect blend of strength and flexibility with barre fitness classes! Our sessions use a ballet-inspired approach to sculpt and tone your body, enhancing posture and core strength. Join us for a dynamic workout that's both challenging and empowering!

CARDIO & STRENGTH

Boost your fitness with our strength and cardio classes! Classes may combine both or focus on just one. Improve endurance, build strength, and burn calories in a fun environment. Whether you love lifting, heart-pumping cardio, or both, there's a class for you!





INDOOR CYCLE

Ride our indoor cycling classes on state-of-the-art Stages bikes with interactive displays that show your data in real time. Boost cardio, strengthen legs, and challenge yourself with expert instruction and motivating music. Classes vary in intensity to suit all levels—feel the burn and ride strong.

NIA

Discover Nia classes for a unique fusion of dance and martial arts! These joyful sessions enhance flexibility, strength, and coordination while promoting mental well-being. Experience expressive movement and feel invigorated in a fun, vibrant, and empowering environment. Join the movement!

PILATES

Transform your core strength and flexibility with Mat Pilates classes. These sessions focus on controlled, precise movements to build muscle endurance and improve posture. Enjoy a full-body workout that enhances balance and stability, all within a supportive and focused environment.

YOGA

Explore our wide range of yoga classes, from gentle, slow-flow sessions to energizing power and restorative Yin practices. Each class supports flexibility, strength, and mindfulness, offering something for every skill level and goal. Find your perfect style and enjoy a balanced, holistic yoga experience.

ZUMBA

Join our Zumba classes for a high-energy dance workout that's both fun and effective! Groove to upbeat music while burning calories and improving cardiovascular health. It's a lively, full-body exercise that makes fitness feel like a party!



SPECIALTY FITNESS CLASSES

Specialty classes are offered in a monthly series, allowing each week to build on the last. Year-round options include Ageless Grace, while seasonal series like Ski Conditioning, Strength, Yoga, and more, helping you progress safely and consistently while keeping your workouts fresh and engaging.

AGELESS GRACE®

The Brain Health Fitness Program stimulates cognitive function through seated exercises, using 21 Simple Tools for Lifelong Comfort and Ease™. It targets strategic planning, memory, analytical thinking, creativity, and kinesthetic learning while enhancing joint mobility, balance, flexibility, strength, and coordination. Ideal for all ages and abilities, this class promotes physical activity and mental fitness. Registration is for the full session. This specialty series is offered year-round.



Fitness



LEARN MORE



FITNESS POP-UPS AND EVENTS

FREE GROUP FITNESS DAY

Celebrate Free Group Fitness Day on **Wednesday, May 6!** Enjoy complimentary access to a variety of dynamic classes, meet our instructors, and experience different workouts. Don't miss this opportunity to explore, energize, and elevate your fitness journey! The Zone and Specialty Fitness classes are not included. Online registration is required, and spots are limited. Classes are open for registration up to two weeks in advance.

PILATES POP AND SCULPT

Join us on **Friday, May 15**, for a fun, feel-good pop-up event featuring a one-hour Mat Pilates class designed to sculpt, strengthen, and energize your body. After class, stick around to sip and socialize at our dirty soda mix bar, shop with some local vendors, including permanent jewelry, and mingle with friends. Recommended for ages 13+. Online registration is required, and spots are limited.



LEARN MORE

FREE YOGA IN THE PARK SUMMER SERIES

In partnership with Highlands Ranch Metro District, enjoy free Yoga in the Park **Saturdays, 8 – 9 a.m., June through August** at Civic Green Park. All levels welcome! Bring your mat, towel, and sunscreen, and start your weekend flowing together with the community. Recommended for ages 13+. No registration required. No classes will be held on Saturday, June 13, or July 4.

SIP AND STRETCH

Unwind with Sip & Stretch on **Friday, July 17!** Start with a gentle yoga stretch, then relax on the back patio with wine, beer, and light snacks. Perfect for easing tension, connecting with friends, and enjoying a calm, social evening. Ages 21+. Online registration is required, and spots are limited.



LEARN MORE

STRENGTH TRAINING FOUNDATIONS: MOVE BETTER, LIFT SMARTER

Build confidence with our four-week Strength Training Foundations series! Learn proper form, breathing, and the five essential movement patterns—squat, lunge, push, pull, rotation. Taught in a group studio but designed to translate to the weight floor. Perfect for beginners or anyone refining their technique. Registration is for the full session. This specialty series is offered only in May 2026.

HRCA ACTIVITY GUIDE MAY–AUGUST 2026



ADULT BASKETBALL

Join one of the Adult Basketball leagues and rediscover the thrill of the game! Whether you're looking to stay active, enjoy friendly competition, or meet new people, our league offers a fun, supportive environment for all skill levels. The Adult Basketball Leagues accommodate all levels of ability! Team registrations only.



YOUTH BASKETBALL CLINICS

HRCA provides year-round, high-quality basketball development programs in partnership with Colorado Basketball Academy for kids ages 5-17 and are appropriate for your child's level of play. The six-week sessions continually work on individual and specialized player development skills such as ball handling, agility, coordination, shooting, and in game skills.

YOUTH AND ADULT FENCING

HRCA partners with Rocky Mountain Fencing Academy to bring classes and camps to Highlands Ranch for all ages. All youth and adult classes and camps are taught by former Olympic champion, Maciej Czyzowicz. Learn the fundamentals of footwork, blade work, and offensive and defensive strategies.

TAEKWONDO AT HRCA

In partnership with J.W. Kim Taekwondo, HRCA offers classes and camps for all ages and skill levels. Taekwondo builds discipline, fitness, confidence, and focus. Classes are held every month on Mondays, Tuesdays, Wednesdays, Thursdays, and Fridays, with camps coinciding with DCSDK12 school breaks.

Sports

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Sports



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RACQUETBALL

ADULT 18+ RACQUETBALL

Elevate your game with our Adult Racquetball Leagues! Open to all skill levels, leagues combine competitive play with a vibrant social setting. Improve your technique, enjoy fast-paced matches, and connect with fellow players.



SOCCER

ADULT 18+ INDOOR SOCCER

Join HRCA's Adult Indoor Soccer League and experience the excitement of the game. Whether you're a seasoned player or new to the sport, you'll enjoy competitive matches and a welcoming social scene. Stay active, sharpen your skills, and connect with fellow players.

REAL COLORADO SOCCER

The Real Colorado Soccer leagues keep players engaged year-round, offering development, teamwork, and play during the colder months. Teams and individual players must register at www.realcolorado.net or by contacting Theresa Echtermeyer at theresae@realcolorado.net.

YOUTH SOCCER SHOTS AT HRCA

Soccer Shots is an engaging soccer program for ages 2–8, with an emphasis on character development. With age-appropriate, expert-approved curriculum that aligns with childhood education standards, children build skills and confidence in a fun environment.



PEE WEE SOCCER LEAGUE

Perfect for beginners ages 4–7, this league includes weekly practices and Saturday morning games. Each player receives a team shirt. Volunteer coaches are needed.

VOLLEYBALL

ADULT 18+ SAND VOLLEYBALL

Designed for all skill levels, our coed Sand Volleyball Leagues provide a fantastic opportunity to stay active, improve, and connect with fellow players. Whether you're in it for the thrill or the fun, sign up today and spike your way to a great time! Team registrations only.

YOUTH VOLLEYBALL FALL LEAGUE

Join our coed league for 3rd through 8th graders this fall! Enjoy weekly evening practices and weekend games or tournaments. Volunteer coaches are needed.

YOUTH VOLLEYBALL CLINICS

Join the HRCA Volleyball Clinics to learn how to serve, pass, set, and hit, while gaining valuable lessons in teamwork, sportsmanship, and confidence. Participants build strong foundations, master fundamental skills, and have fun competing and growing together.

GOLF

JUNIOR GOLF CLINICS

HRCA Sports partners with Peak Golf Academy for Junior Golf Camps at the University of Denver Golf Club. Small groups focus on swings, short game, and course play. Bring your clubs or use complimentary clubs. Camps run late spring to early fall.



ADULT GOLF CLINICS

If you're a beginner or immediate golfer, join us for Learn to Golf Clinics in partnership with the University of Denver Golf Club. Small classes (max 6) cover full swing, chipping, putting, etiquette, and course play in a fun, relaxed setting. Bring your clubs or use complimentary clubs. Clinics run late spring to early fall.



CORNHOLE

ADULT CORNHOLE LEAGUE

Join the ultimate Adult Cornhole League! Compete, socialize, and show off your skills in a fun, friendly atmosphere. Whether you're a seasoned pro or a first timer, there's a spot for you. Grab your team and let the good times roll!

CINCO DE MAYO ADULT CO-ED DODGEBALL TOURNAMENT

Gather your team and prepare for some high-energy dodgeball! Each team must include at least six players, with a minimum of two female players. Compete in a lineup of at least five matches: four pool play games followed by an exciting single-elimination tournament.

DODGEBALL & KICKBALL

YOUTH DODGEBALL/KICKBALL

This four-week Dodgeball and Kickball League is the perfect summer activity, packed with exciting games, teamwork, and friendly competition that keeps kids active, engaged, and smiling all season long.



GYMNASTICS

ACTIVE ATHLETICS



OUR MISSION:

To be more than a gym. We are a community of students, gymnasts, coaches, and parents working together towards a common goal. Be healthy. Be fit. Be active.

OUR PHILOSOPHY:

Helping students achieve their personal best. We believe that sports are for everybody and there are valuable life lessons to be learned through participation in our activities. Our goal is to help every participant find success in their accomplishments, no matter how big or how small.

Important Reminders: Please bring your information sheet on the first day of class, which can be found on activeathletics.net. Long hair needs to be pulled back from the face. Attire is athletic wear or leotard and bare feet.

PARENT/TOT AT ACTIVE ATHLETICS (AGES 16 MOS-3)

Build a foundation that not only includes gymnastics skills but also the tools young ones need to get involved in any sport they choose! Toddlers learn to follow instructions, build confidence, explore movement, overcome fear of heights and learn to jump on two feet!

PRESCHOOL AT ACTIVE ATHLETICS (AGES 3-5)

This program is a fun introduction to gymnastics. Students learn headstands, rolls, cartwheels and flips. We utilize all the Olympic apparatus as well as our own specialized preschool shapes and props. (Morning/midday times are encouraged for 3-year-olds)

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Sports



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INTRODUCTORY GIRLS GYMNASTICS AT ACTIVE ATHLETICS (AGES 5-12)

Each class consists of a warm-up and stretch, and basic gymnastics shapes are followed by rotations with varying stations to learn and improve upon skills necessary to excel to the next level.

INTRODUCTORY BOYS GYMNASTICS AT ACTIVE ATHLETICS (AGES 5-12)

This class introduces your child to the basic stretching, strength, and fundamental skills (handstands, forward and backward rolls, cartwheels, swings, etc.). Each class consists of a warm-up followed by rotations with varying stations to learn and improve upon basic skills.

ACTIVE MINI NINJAS AT ACTIVE ATHLETICS (AGES 3-5)

Minis will run, swing, jump and climb through an obstacle course that will challenge their strength, balance and confidence. Learn to climb and dismount safely, as well as how to work alongside their peers. (Morning/Mid-day times encouraged for 3-year-olds).

ACTIVE JR NINJAS AT ACTIVE ATHLETICS (AGES 6-8)

Learn a variety of ninja and gymnastics skills while running, swinging, jumping, and climbing through obstacle courses designed to challenge strength, balance, and endurance. As participants progress, they will master more advanced flips and tackle higher, more complex obstacles.

PARKOUR 1 AT ACTIVE ATHLETICS (AGES 8-16)

Learn a variety of Parkour skills while developing the ability to create and style your own movement on any obstacle encountered. Parkour focuses on running, swinging, jumping, and climbing through obstacle courses that test strength, balance, and endurance, all while finding the fastest route from point A to point B. Participants will also have the option to take part in Parkour competitions.

AERIAL

AERIAL SILK FABRICS (AGES 7-15)

The Aerial program focuses on building camaraderie, confidence, and strength. Aerial dance combines elements of dance, gymnastics, and hand-eye coordination to create graceful movements using aerial fabric and the aerial hoop.

TUMBLING

TUMBLING AND TRAMPOLINE BASICS (AGES 8-15)

Learn how to perform controlled bounces, starting with basic jumping positions and combinations, then progressing to more complex sequences involving forward, backward, and twisting skills. The program also incorporates essential floor skills, including rolls, cartwheels, handstands, and handsprings.

CHEER

SHINE CHEER AND DANCE TEAM (AGES 5-12)

Get ready for our vibrant recreation cheer teams that will have kids beaming for joy! This class will introduce cheerleading that is designed for children who want to learn dances, cheer chants, jumps, and stunts while building friendships, developing confidence, and prioritizing teamwork. Each session ends with a community performance where every child shines.



PICKLEBALL LESSONS

Our six-week lesson format delivers 60 minutes of structured instruction designed to support progression and confidence on the court. Participants will work through demonstrations, drills, and interactive games while learning a diverse range of shots. Classes are offered for beginner, intermediate and advanced players in a welcoming, encouraging setting.

PICKLEBALL PRIVATE & SEMI-PRIVATE LESSONS

Private/Semi-private lessons are now available with our Pickleball Pros Blaine Cochran and Brian Crawley. Whether you are looking to improve your skills individually or enjoy a collaborative learning experience with friends, our expert instructors are here to help you reach your goals. For more information regarding lesson availability, scheduling, and pricing, please contact Blaine Cochran, by email at Blaine.Cochran@hrcaonline.org or by phone at 303-471-8826.

PICKLEBALL SOCIALS

Pickleball Socials are designed to foster connection, inclusiveness, and enjoyable match play in a welcoming environment. With a relaxed structure and an emphasis on sportsmanship, Pickleball Socials provide court time for players looking to stay active and build community through the game.

PICKLEBALL LEAGUES

HRCA offers leagues for players of all skill levels, from beginners to advanced competitors. Assess your playing level, select a partner (please note: HRCA does not provide partners), and register for one of our popular leagues (indoors during the winter and outdoors beginning in April). This is an excellent opportunity to connect with other players at your level in a fun, friendly, and competitive environment.

PICKLEBALL COURTS

Indoor pickleball courts are available weekly at the Northridge and Southridge gyms, and six outdoor pickleball courts are located at Westridge. Join us to discover why it is one of the fastest-growing sports in America and enjoy the friendly, active community it brings together. Gym schedules are available on the website.

TENNIS ADULT LESSONS

Whether you are new to tennis or looking to maintain your competitive edge, our Adult Tennis Lessons are designed to support players at every stage of development. Each session combines professional instruction, skill-focused drills, and structured point play to build confidence, consistency, and overall match performance in a welcoming and engaging environment.

ADULT TENNIS SOCIALS

Enjoy quality time on the court and play in a welcoming setting at our bi-monthly Adult Tennis Socials. Each session features two hours of fun, energetic match play supported by our certified tennis pros. Bring a friend and make it a standing date. Register online, by phone, or in person.

ADULT TENNIS DRILLS

Players can also enhance their abilities through our Drill & Play and Cardio Tennis programs. Whether starting fresh or striving to keep your competitive edge, we offer drills for all levels of tennis experience; beginner to advanced.



Sports



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YOUTH, MIDDLE & HIGH SCHOOL TENNIS LESSONS

Our instructional classes focus on teaching tennis fundamentals. To assist with placing your student in the appropriate class, please consult the Level Definitions. If you are unsure, please contact the Tennis/Pickleball Monitor Desk at 303-471-8996.

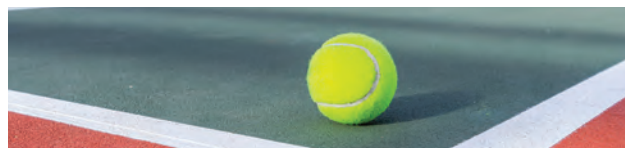


ADULT TENNIS LEAGUES

HRCA offers our own In-house leagues in the fall and winter for 2.5-4.0 players. If you are looking to play in the spring and summer, we also offer access to United States Tennis Association (USTA) league play. For questions, please contact tess.pautler@hrcaonline.org or 303-471-8940.

YOUTH TENNIS LEAGUES & COMPETITON

HRCA offers in-house tennis leagues during the fall and winter for players rated 2.5-4.0, providing competitive play in a familiar and supportive environment. During the spring and summer seasons, participants may also access United States Tennis Association (USTA) league opportunities. For additional information or questions, please contact tess.pautler@hrcaonline.org or 303-471-8940.



BLOCKTIME

Stay on the court and on schedule with HRCA's seasonal Block Time program. Offered during summer, fall, and winter, in 90-minute increments with flexible options for 13, 15, or 31 weeks. It is a fantastic way to guarantee play time with your group and enjoy consistent court access without the weekly scramble.

TENNIS COURT RESERVATIONS

HRCA offers year-round play with six indoor courts and ten outdoor tennis courts, providing a variety of opportunities to get on the court. Court reservations open 48 hours in advance, with members able to reserve up to two courts for a maximum of two hours per day. Ball machines are available for indoor use during your reserved court time to support practice and skill development.

PRIVATE & SEMI-PRIVATE TENNIS LESSONS

Our Tennis Pro's offer private, semi-private, or small group lessons tailored to your individual skill level and goals.

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THERAPEUTIC RECREATION (TR)

HRCA staff members in all program areas work together to support the leisure interests of people of all ages and abilities.

THERAPEUTIC RECREATION SERVICES

Explore your leisure interests, develop skills, and have fun. Our specialized services are offered to all ages and ability levels to enhance health, wellness, and quality of life. TR Specialists are certified by the National Council for Therapeutic Recreation (NCTRC). Inquire at the registration desk about HRCA's free valet parking service.

THERAPEUTIC RECREATION CLASSES

A parent or caregiver may be required to assist during Therapeutic Recreation Programs if a participant needs one-on-one assistance.

SCHOLARSHIPS

Scholarships are available for participants who need financial assistance for HRCA programs. Completion of a scholarship form is required.

FOR INFORMATION

For information about Therapeutic Recreation programs, birthday parties, scholarships, personal instruction appointments, or to volunteer, contact the Therapeutic Recreation Coordinator at 303-471-7043 or email summer.aden@hrcaonline.org.

Therapeutic Recreation

STAFF

Sports and Fitness Programs Manager

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✉ chad.mejia@hrcaonline.org

Youth and Adult Therapeutic Recreation Coordinator

Summer Aden, CTRS

☎ 303-471-7043

✉ summer.aden@hrcaonline.org

Therapeutic Recreation Specialist

Kathryn Olmstead, CTRS

☎ 303-471-7045

✉ kathryn.olmstead@hrcaonline.org



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Therapeutic Recreation



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THERAPEUTIC RECREATION INDIVIDUAL SERVICE PLAN/ ANNUAL UPDATE

An Individual Service Plan (ISP) is required to participate in Therapeutic Recreation Programs. An annual update is required each following year. For new enrollers, an ISP must be completed before service begins. There is a non-refundable one-time fee for new ISP participants of \$30/\$35.

THERAPEUTIC RECREATION PERSONAL INSTRUCTION 1:1 (ALL AGES)

Individualized services based on participant goals and strengths. Trained staff create custom land or aquatic sessions tailored to participant goals. Whether you are aiming for strength, endurance, or overall fitness, enjoy a supportive and effective approach that adapts to your unique needs with personalized guidance and encouragement in a fun, welcoming environment. Cancellation notice of less than 24 hours can result in a charge for the session. Private personal training is recommended for ages 13+. Aquatic privates are recommended for ages 5+.

THERAPEUTIC RECREATION SMALL GROUP INSTRUCTION (AGES 13+)

Designed for small group needs and abilities in our gyms, pools, and weight rooms. Benefit from tailored exercises as well as motivation and camaraderie from the group. These sessions help you achieve your fitness goals in an engaging and fun environment. Small groups are led by a Therapeutic Recreation staff member. Call the Therapeutic Recreation program at 303-471-7043 to schedule small groups.

THERAPEUTIC RECREATION YOGA (AGES 5+)

Experience a form of yoga that works to improve balance, flexibility, focus, coordination, and strength. Learn poses to reduce fatigue, stiffness, and stress and stimulate the motor and sensory areas of the brain. Wheelchair accessible, all levels of mobility welcome.

THERAPEUTIC RECREATION HIP-HOP DANCE CLASS (AGES 5+)

TR Hip-Hop class is a high energy and fun dance program. Focused on a community of friends, we perform, learn dance vocabulary, support everyone's time to shine, and all using hip-hop dance. The program has been running for 16 years and still includes original members! We love to welcome new members to our dance family. Give it a try!

THERAPEUTIC RECREATION BASKETBALL (AGES 8+)

Get in the game, get in shape, and improve endurance! Basketball athletes gain skills including dribbling, shooting, and passing. Learn the rules of the game and practice good sportsmanship and teamwork. Make new friends or come play with your best pals.



TR PICKLEBALL (AGES 8+)

Are you in a pickle for something to do in the summer? Look no further, Therapeutic Recreation is offering pickleball programming from 5:30 – 6:30 p.m. on Wednesdays in July and August! Discover the fun of pickleball at our one-hour Therapeutic Recreation Pickleball program. Practice skills and drills as well as playing fun games with old and new friends alike!

SPECIAL OLYMPICS TENNIS TEAM (AGES 8+)

Special Olympics Tennis with HRCA Therapeutic Recreation is all about fun, friendship and competition. There's a place for you on our court. Join us at the pavilion, practice for 10 weeks, and compete in the optional exciting regional competition. Don't miss out on the fun, register today to be part of this incredible experience. Mondays, June 1 – July 27.

THERAPEUTIC RECREATION THRILLING THURSDAYS (AGES 16+)

Participate in a variety of activities that increase motor skills, balance, and social skills. Activities include swimming, soccer, art, basketball, cooking, fitness, board games, cooperative games, outdoor activities, leisure education, and more!

TR SPLASH SWIM GROUP (AGES 3-7)

Our instructors prioritize safety and establishing a level of comfort with being in and around the water. Swimmers will learn water safety activities and primary swimming skills such as blowing bubbles, survival floats (back, front, tuck), gliding, basic breath control, etc. Play fun games, meet new friends, learn to use aquatic equipment and follow the rules of the pool.



TR TRI SPORTS CAMP (AGES 8+)

If you like to swim, bike, or run, join in the fun! This program is designed to prepare athletes with disabilities for the HRCA Splash Mash Dash Kids Triathlon on Saturday, August 8, at the Eastridge Recreation Center. Practice your swimming on Mondays. Bike and run on Thursdays.

TR TAEKWONDO (AGES 5-24)

Designed to help students improve balance, concentration, self-control, and confidence. All ability levels welcome. Belt testing is determined by our certified instructor and requires a separate fee. Taekwondo classes are offered in partnership with J.W. Kim Taekwondo. Taekwondo helps students develop a disciplined character and improve their fitness, and focus. Classes are held on Tuesdays and Thursdays.

STRIDE TO RIDE (AGES 5+)

People of all ages can ride a Strider! Stride into July, at this fun one-week camp dedicated to teaching individuals of all abilities two-wheeled balance, coordination, and confidence, for a lifetime of riding adventures. Learn at your own pace in this small group camp with lots of individual instruction. Advance from balance-building games and skill-focused activities to cruising the gym with confidence on two wheels. Strider Bikes do not have pedals, simply stride and glide! Optional pedal kits are available for purchase after camp.

- M-F | 06/29/26 - 07/3/25 | 2-3pm
- Southridge Gym
- Price: \$250 / \$288 (including the cost of a Strider Balance Bike to take home. (If you already own a Strider Bike, the cost will be reduced accordingly)).





Volunteer

Become a vital part of the HRCA Therapeutic Recreation Program and help create unforgettable experiences for children and adults with disabilities. By volunteering, you have the unique opportunity to make a real difference in their lives!

Youth and Adult Therapeutic Recreation Coordinator (CTRS)

Summer Aden
 ☎ 303-471-7043
 ✉ summer.aden@hrcaonline.org

Volunteering with our sports department offers a rewarding opportunity to support local athletes and foster community spirit. Join us to help organize events, mentor young players, and make a positive impact on our sports programs.

Sports Programs Supervisor

Patrick Gojan
 ☎ 303-471-8869
 ✉ patrick.gojan@hrcaonline.org

Find it all at [HRCAonline.org](https://hrcaonline.org) or by scanning the QR code.



LEARN MORE

Employment

Are you looking for a unique position, fun working environment and advancement opportunities? If so, the Highlands Ranch Community Association is the place for you. HRCA is always looking for hard-working, energetic people to fill our open positions.

Whether you're looking for full-time, part-time or seasonal work, we have a position for you. As an HRCA employee you can enjoy benefits like insurance, paid time off, access to our facilities and much more!

Listed are a few of the departments that are hiring:

- Administration
- Aquatics
- Arts
- Backcountry Wilderness Area
- Education
- Events
- Facilities
- Fitness
- Sports
- Therapeutic Recreation

Visit our website or scan the QR code for a list of current positions and apply today!



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